



Save the Children
救助兒童會

2025

年報 ANNUAL
REPORT



關於我們 WHO WE ARE

救助兒童會 (Save the Children) 相信每位兒童都應該擁有未來。在香港及世界各地，救助兒童會竭盡所能，在平日及危難時刻，讓兒童健康成長，並獲享學習機會和受到保護。憑藉100多年的經驗與專業，救助兒童會是世上首間的獨立兒童機構——致力改變生命和未來。

救助兒童會在約100個國家開展工作。成立於2009年的香港救助兒童會是全球運動的一分子，與兒童、家庭、學校、社區和支持者合作，為香港和世界各地的兒童帶來持久的改變。

Save the Children believes every child deserves a future. In Hong Kong and around the world, we do whatever it takes – every day and in times of crisis – so children can fulfil their rights to a healthy start in life, the opportunity to learn and protection from harm. With over 100 years of expertise, Save the Children is the world's first and leading independent children's organisation – transforming lives and the future.

Established in 2009, Save the Children Hong Kong is part of the global movement which operates in around 100 countries. Save the Children works with children, families, schools, communities, and supporters to deliver lasting change for children in Hong Kong and around the world.



我們的願景 Our Vision



我們的願景是為兒童建立一個能享有生存、保護、發展及參與權的世界。
Our vision is a world in which every child attains the right to survival, protection, development and participation.

我們的使命 Our Mission



我們的使命是為全球兒童服務提供嶄新思維，為他們的生活帶來即時及持久的改變。
Our mission is to inspire breakthroughs in the way the world treats children, and to achieve immediate and lasting change in their lives.

我們的價值 Our Values



我們堅守核心價值：承擔、抱負、合作、創新及誠信。
We will stay true to our values of accountability, ambition, collaboration, creativity and integrity.



Eivind Lie Nitter / Save the Children

目錄 CONTENTS

- | | | |
|----------------------|---|-----------------------------------|
| 1 關於我們
Who We Are | 3 主席及總幹事的話
Chairman & CEO's Foreword | 5 2025年的重要成果
2025 Achievements |
|----------------------|---|-----------------------------------|

在香港的工作 Our Work in Hong Kong



- | | | |
|--------------------------------|---------------------------------|-----------------------------|
| 7 香港項目
Hong Kong Programmes | 9 大埔火災支援
Tai Po Fire Support | 11 精神健康
Mental Wellbeing |
| 17 兒童保護
Child Protection | 21 政策倡議
Advocacy & Campaigns | |

24 在中國內地的工作 Our Work in the Chinese Mainland



29 在環球的工作 Our Work Around the World



- | | | |
|--|------------------------------------|-----------------------------|
| 38 我們的支持者
Our Supporters | 42 攜手共創成果
Partnering for Impact | 44 特別鳴謝
Acknowledgements |
| 46 董事局及委員會成員
Board of Directors & Committee Members | 47 我們的財務概況
Our Finance Overview | |

主席及總幹事的話 Chairman & CEO's Foreword

2025年對本地和全球有需要的兒童來說，是充滿挑戰的一年。戰亂衝突、流離失所及自然災害交織，對兒童的身心健康及未來發展造成前所未有的壓力。而部分國際援助計劃資源縮減，亦進一步加劇了這些挑戰。在充滿不確定性的環境下，我們仍要同時回應兒童的迫切需要和提供系統性的長期支援，讓兒童得以生存、學習和成長。

隨著危機日益頻繁及複雜，全球協作的重要性愈見關鍵。救助兒童會的人道救援工作遍及超過68個國家，支援近2,400萬名兒童。透過兒童緊急救援基金等計劃，我們為受阿富汗地震、越南颱風、緬甸地震及尼泊爾水災等災害影響的兒童和家庭提供援助。無論在何時何地，我們始終與兒童和家庭並肩前行。

緊急救援固然是我們的重要工作，同時，我們致力協助兒童克服影響其未來發展的挑戰。在菲律賓，我們透過教育項目擴大了兒童早期發展評估及早期介入服務的覆蓋範圍，讓有需要的兒童及早獲得支援，充分發揮潛能。

我們深信，青年不但是未來的領袖，更是推動改變的重要力量。我們在中國內地成都推動融合教育，協助有不同需要的學生學習、成長，並融入主流學習環境；我們亦為有特殊教育需要的學生提供實習機會，提升其就業能力，為未來作好準備。

而在香港，大埔發生近年最嚴重的火災事故，五級大火令數以千計居民痛失家園，嚴重影響兒童的學習及日常生活，並對其身心健康帶來長遠影響。我們迅速行動，向受影響兒童及其家庭派發緊急物資，及提供中、長期的心理健康援助，協助他們逐步重建生活。

2025年，我們繼續倡議完善香港兒童保護和社會福利制度。在《強制舉報虐待兒童條例》實施前，我們舉辦了兒童保護論壇，加強跨界合作，提升整體準備能力，並強調保護兒童是整個社會的共同責任。

我們始終堅持以兒童為本，致力推動家庭、學校及社區以兒童需要為核心。透過守護兒童服務，我們與不同服務兒童的機構攜手，將政策真正落實於日常運作中，包括完善通報機制，並建立預防文化，以降低虐兒風險。在2025年，「從心所有」計劃服務了280名香港兒童。我們堅信，所有孩子都應在安全、受尊重的環境中成長，他們的聲音應被聆聽，尊嚴和健康亦應受到保障。

香港學生自殺問題依然是社會高度關注的議題。2022至2024年間，教育局已錄得85宗中小學生懷疑自殺身亡個案，反映對兒童精神健康的持續及預防性支援刻不容緩。隨著「童感同行」計劃於2025年中完結，我們於12間中、小學推出「Chill能力培訓課程」，將社交情緒學習融入校園生活，進一步提升學生的抗逆力。

同時，我們以多種方式促進兒童精神健康。「表達我心」計劃透過藝術活動，於13間學校及機構為兒童提供安全的環境表達情緒。「童賜同樂」計劃持續支援基層兒童的身心健康發展，於32間學校及4間非牟利機構透過校本及社區足球訓練，促進其身心健康，並提升社交與生活技能。

這一切成果，全賴董事局、捐助者、員工、合作夥伴及義工一直以來的鼎力支持，我們才能達到以上的成果。正因為你們的信任和慷慨支持，我們才能在危機中迅速回應，同時持續推動長遠而具深遠影響的改變。

展望未來，我們將繼續以堅定的決心朝著清晰的目標邁進，守護兒童的福祉與發展。為此，我們會竭力提升和深化影響力，創造更多機會，讓每一位兒童都能茁壯成長。



Paul Kennedy
簡俊傑 Paul Kennedy
主席 Chairman



Kalina Tsang
曾迦慧 Kalina Tsang
總幹事 CEO

The past year, 2025, was a defining year for children in need, both within our local community and across the globe. The combined impact of conflict, displacement and natural disasters placed unprecedented strain on children's wellbeing and futures. And reductions in a number of international aid programmes only served to compound these challenges. During this time of growing uncertainty, our responsibility was not only to respond to the immediate urgent needs, but also to strengthen the long-term and systematic support that can be provided for children to survive, learn and thrive.

As crises have grown in both frequency and complexity, the need for coordinated global action has never been greater. Save the Children's humanitarian responses reached over 68 countries, supporting nearly 24 million children. Through initiatives such as the Children's Emergency Fund, we delivered life-saving assistance in response to major emergencies, including the Afghanistan earthquake, Vietnam typhoon, Myanmar earthquake and Nepal flooding. These responses reflected our determination to stand with children and families wherever and whenever they need us most.

While emergency response remained a key part of our work, we were equally committed to tackling the systemic barriers that shape children's futures. Through the educational initiative in the Philippines, we expanded access to developmental assessments and early intervention services, enabling children with developmental needs to receive timely support and fulfil their potential from the earliest stages of life.

We firmly believe in the need to support the development of young people who are not only the leaders of tomorrow, but also powerful changemakers. In Chengdu, Chinese Mainland, we advanced inclusive education helping children with diverse needs to learn, grow and engage with mainstream learning settings. In parallel, we created internship opportunities for students with special educational needs, equipping them with the skills needed for future employment.

Closer to home, Hong Kong experienced one of its most serious fire incidents in recent history with the five-alarm blaze in Tai Po. Thousands of residents were displaced, and children's education and daily routines were severely disrupted, with lasting implications for their mental health and wellbeing. In response, we acted swiftly to provide both immediate material assistance and longer-term psychosocial support, helping the affected children and their families on a path to recovery.

We continued to advocate for stronger child protection and social welfare systems in Hong Kong throughout the year. In advance of the implementation of the Mandatory Reporting of Child Abuse Ordinance,

we convened the Child Protection Conference to strengthen cross-sector collaboration, enhance collective preparedness and emphasise that safeguarding children is a shared responsibility.

Our commitment to placing children's needs at the centre of families, schools and communities remains unwavering. Through our Hong Kong Child Safeguarding Services, we worked alongside child-facing organisations to turn policy into practice - strengthening reporting mechanisms, and embedding a culture of prevention designed to lower the chance of child abuse. Through our Heart-to-Heart Parent-Child Programme, we served 280 children in Hong Kong this year. Our ambition is clear: every child should be protected, heard and supported in safe environments that uphold their dignity and wellbeing.

Student suicide remains a grave concern in Hong Kong. In 2022 - 2024 alone, the Education Bureau recorded 85 fatal suspected student suicide cases reported by primary and secondary schools. This underscores the urgency of sustained and preventive support for children's mental health and wellbeing. Following the conclusion of the Integrating Social and Emotional Learning into School Programme in mid-2025, we launched the Chill-ability Training Programme across 12 primary and secondary schools to further embed Social-emotional Learning into school life and build stronger resilience for students.

In parallel, we adopted an integrated approach to strengthening children's emotional wellbeing. The Healing Heart and Mind programme reached 13 schools and organisations through arts-based activities, providing safe spaces for children to express themselves. To promote both mental and physical wellbeing, and to develop essential social and life skills, the Play to Thrive programme continued to support children from disadvantaged backgrounds, integrating community and school-based football training across 32 schools and 4 NGOs.

None of this work would have been possible without the unwavering support of our Board of Directors, donors, staff, partners and volunteers. Your trust, commitment and generosity have enabled us not only to respond in times of crisis, but also to deliver lasting change for children in need.

As we look ahead, we do so with continued clarity of purpose and renewed resolve. We remain committed to our mission of safeguarding every child's wellbeing and development. In service of this ambition, we will continue to strengthen our capabilities, we will deepen our impact and we will expand opportunities so that every child has the chance to thrive.



Eivind Lie Nitter / Save the Children

2025年重要成果

2025 ACHIEVEMENTS

在2025年，救助兒童會在全球92個國家展開工作，直接惠及約3,780萬名兒童。而香港救助兒童會則在全球9個國家，合共支持了29個項目，並支持全球各地的人道救援工作。在香港，我們的工作直接惠及56,951人。

In 2025, Save the Children worked in 92 countries around the world, directly reaching nearly 37.8 million children. As part of this global movement, Save the Children Hong Kong supported 29 projects across 9 countries, as well as humanitarian responses worldwide. We directly helped 56,951 people in Hong Kong.

在全球各地的救助兒童會

Save the Children Global Movement



直接受惠兒童
Children Directly Reached

37,752,543



人道救援項目
Humanitarian Response

23,948,318

直接受惠人數
People Directly Reached



68

遍佈國家
Across Countries



Maheder Haileselassie / Save the Children

香港救助兒童會

Save the Children Hong Kong

直接受惠人數
People Directly Reached

按地區 By region



56,951

香港
Hong Kong



204,036

其他
Others

直接受惠兒童
Children Directly Reached

按項目類別 By scope of work



116,437

保護
Protection



41,791

學習
Education



16,138

健康
Health



報告中直接受惠人數包括接受救助兒童會或其合作夥伴提供的資源、參與活動或獲取服務的個人，以及接受救助兒童會或其合作夥伴支持的個人/機構。
In this report, direct reach includes those individuals who receive inputs, participate in activities or access services provided by Save the Children, its partners or individuals/institutions to whom Save the Children or its partners have provided support.

香港項目 HONG KONG PROGRAMMES

香港項目一直是我們工作中至關重要的一環。2025年，我們持續拓展本地項目，並為受大埔火災影響的兒童及其家庭提供緊急及中、長期援助，確保兒童能在安全的環境中健康成長，並提升他們的精神健康。隨著《強制舉報虐待兒童條例》生效，我們繼續推動政策倡議並發表研究報告，致力完善兒童保護機制。同時，我們透過多元化支援，提升兒童的社交情緒技能，並為青年創造參與國際會議的機會。2025年，我們的本地項目共惠及56,951名香港兒童及成人。

Our programmes in Hong Kong have always been a vital part of our work. In 2025, we continued to expand our local initiatives, while providing emergency, medium- and long-term support to children and their families affected by the Tai Po fire. These efforts ensure that children can grow up in a safe environment and enhance their mental health and wellbeing. Following the implementation of the Mandatory Reporting of Child Abuse Ordinance, we continued to advocate for policy changes and publish reports to strengthen child protection systems. Also, we supported children in developing their social-emotional skills, while creating opportunities for youth engagement in international issues. In 2025, we directly reached 56,951 children and adults in Hong Kong through our programmes.





大埔火災支援 陪伴兒童走出陰霾 重建安全感與希望

Tai Po Fire Support: Walking with Children out of the Shadows Rebuilding Sense of Security and Hope



大埔宏福苑的嚴重火災，不僅令區內兒童的生活和學習受阻，也對他們的心理與成長造成深遠影響。香港救助兒童會與社區及合作夥伴迅速為受影響家庭提供即時及中長期的援助，透過恢復日常及校園生活，助兒童重拾安全感。

A serious fire at Wang Fuk Court in Tai Po not only disrupted children's daily lives and learning, but also had a profound impact on their mental health and development. Save the Children Hong Kong worked swiftly with the community and partners to provide immediate and medium-to long-term assistance to affected families, helping children regain a sense of safety by restoring daily routines and school life.

火災發生後，我們即時透過區內學校及社會房屋，向受災兒童提供物資支援，包括向區內196名直接受影響的學童每人發放港幣一萬元緊急現金，以及日常應用的文具。同時亦為暫居過渡性房屋的兒童提供兒童餐具、保暖衣物及故事書，並向區內幼稚園學生派發毛公仔，安撫幼童情緒。

在心理支援方面，我們與香港樹仁大學輔導及心理學系團隊合作，舉辦災後親子網上講座、設立免費心理支援熱線並提供跟進輔導服務。在分析求助內容後，發現大多數與兒童及青少年精神健康相關，例如心理創傷、焦慮、壓力等行為問題。當中有姊姊致電查詢如何支援目睹火災的妹妹。該名就讀小學高年級的妹妹災後出現失眠、尿床及頻繁聯絡家人的情況，熱線團隊即時提供情緒支援並安排轉介服務跟進。

這場火災對宏福苑居民和香港社會帶來深遠影響。災後首要做的不只是修復重建，更要支援受災兒童的精神健康。要療癒受災兒童的災後精神創傷，並非一時三刻的事。即時援助以外，我們亦規劃各種中長期支援服務，透過遊戲、表達藝術及運動治療等，幫助兒童抒發情緒，陪伴他們逐步走出災難的陰霾，重拾希望。

Through local schools and social housing networks, we immediately provided essential assistance to affected children, including \$10,000 emergency cash support for each of the 196 directly affected students, along with donated stationery sets. We also provided children temporarily living in transitional housing with children's tableware, warm clothing and storybooks, and distributed plush toys to kindergarten students to comfort them.

To support children's mental wellbeing, we partnered with the Department of Counselling and Psychology at Hong Kong Shue Yan University to organise post-disaster online parenting seminars. We also established a free psychological support hotline, with follow-up counselling services, to provide emotional support for affected families. An analysis of the inquiries revealed that they were mainly related to the mental health of children and adolescents — including psychological trauma, anxiety, stress and behavioural issues. In one case, an older sister sought advice on supporting her younger sister, a senior primary school pupil who had witnessed the fire and was experiencing insomnia, bedwetting and a frequent need to contact family members. The hotline team offered immediate support and arranged referrals for follow-up.

The fire has left a far-reaching impact on Wang Fuk Court residents and the wider Hong Kong community. In the aftermath of the disaster, efforts must go beyond physical reconstruction; supporting the mental health of affected children to help them return to normalcy is equally critical. The impact of this fire on Wang Fuk Court residents and the Hong Kong community is profound, and healing the psychological trauma of affected children takes time. Immediate relief is only the beginning. We have developed medium-to-long-term support services, including play, expressive arts, and sports therapy, to help children express their emotions and support them as they gradually recover from the shadows of disaster and regain hope.

物資支援 Essential Assistance



一萬元緊急現金
\$10,000 Emergency
Cash Support

196



兒童餐具及文具
Children's Tableware
and Stationery

167



保暖衣物
Warm
Clothing

500



故事書
Story-
books

161



毛公仔
Plush
Toys

800



感謝各界迅速伸出援手 讓受災兒童重拾希望 Heartfelt Thanks for the Swift Support Standing Together to Rebuild Hope for Children

李徐子淇女士到訪受影響學校，展現她一直以來對兒童福祉的支持。
Mrs Cathy Chui Lee visited an affected school, reflecting her longstanding support for children's wellbeing.

自2016年起，李徐子淇女士成為香港救助兒童會的贊助人，一直支持我們在香港及全球為兒童的福祉努力。今年，我們特別鳴謝李徐子淇女士，以及李兆基金與李家誠徐子淇慈善基金，鼎力支持我們在大埔火災事件的援助工作。

在大埔火災發生後，他們第一時間伸出援手，為受災兒童和家庭提供及時且關鍵的援助。有賴他們迅速而慷慨的捐助，我們得以為受影響的居民提供即時經濟援助，讓他們購置如生活必需品等重要物資，幫助學生繼續學習、逐步回復日常生活，藉此重建安全感，同時紓緩家庭所承受的經濟壓力。

李徐子淇女士一直關注兒童福祉，她不遺餘力的支持意義重大，讓受災學童在逆境中仍能繼續學習，避免學業中斷或受阻，有助他們以自信的步伐重拾安穩的校園生活。

全賴眾多合作夥伴及捐助者的慷慨支持，香港救助兒童會得以向受災兒童及其家庭提供即時及中長期的援助。我們衷心感謝他們在兒童最有需要的時刻，展現堅定不移的支持。憑著這份長期建立的合作關係，我們將繼續支援兒童的創傷復元及精神健康，讓他們在關愛與希望中迎向光明未來。



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藉表達藝術培養社交情緒技能 助兒童面對成長挑戰

Build Social-emotional Skills Through Expressive Arts Supporting Children Amid Growing Challenges

「表達我心」計劃由香港救助兒童會與表達藝術專業團隊共同設計，結合救助兒童會在2005年美國卡特里娜風災後推出「HEART」計劃的框架和經驗，透過以藝術創作為本的小組活動，鼓勵兒童在安全的環境中透過繪畫、手作、音樂等創作自由表達想法與感受，學習認識自己、覺察情緒，並掌握調節與表達情緒的方法，以正向心態面對成長中的挑戰。

Healing Heart and Mind was co-designed by Save the Children Hong Kong and a professional expressive arts team, drawing on the framework and experience of Save the Children's HEART initiative, first developed in the United States after Hurricane Katrina in 2005. Through arts-based activities, the programme encourages children to freely share and process their experiences and feelings through creative expression, such as drawing, handicrafts and music in a safe environment. Children learn self-understanding and emotional awareness, and develop ways to regulate and express emotions, enabling them to face developmental challenges with a more positive mindset.

近年調查顯示，超過四成學生在開學時自評壓力達高位，近三成更出現不同程度的焦慮徵狀，反映學校與家庭都需要更具體的情緒支援。對小六學生而言，升中考試亦帶來一定壓力，若缺乏適當的調節情緒方法，負面情緒更可能影響他們的人際關係和自信心。

與兒童一同面對挑戰與壓力

11歲的Ivan正面對升中考試的挑戰。為支持他備考，Ivan的媽媽辭去工作，全心陪伴他溫習。然而，自我要求甚高的Ivan，曾因一次的成績未如理想而感到失望，獨自在房間哭泣，情緒有時更會積壓數天。

同時，對處於青春期的孩子而言，家庭結構的改變亦容易令情緒波動。弟弟出生後，Ivan開始覺得父母的對他的關注與時間被分薄，感到缺乏陪伴。雖然Ivan疼愛弟弟，但父母注意力的轉移仍令他產生失落與妒忌的情緒。當情緒長期積壓，Ivan遇到不如意的事情時便容易爆發，更影響家庭關係。

Recent surveys indicate that over 40% of students report high levels of stress at the start of the school year, while nearly 30% experience varying degrees of anxiety symptoms. This underscores the need for schools and families to provide more proactive emotional support. For Primary Six students in particular, preparing for secondary school admission examinations can bring considerable pressure, which may affect their relationships and self-confidence if they lack effective ways to manage their emotions.

Facing Challenges and Pressure Together with Children

11-year-old Ivan is currently preparing for secondary school entrance examinations, and his mother resigned from her job to accompany him. However, Ivan places very high expectations on himself. After one set of results fell short of his expectations, he felt deeply disappointed, cried alone in his room, and his emotions sometimes remained bottled up for days.

Also, changes in family structure can bring emotional challenges for children. Following the birth of his younger brother, Ivan began to feel that his parents' attention and time was divided, leaving him feeling a lack of companionship. Although Ivan loves his brother, the shift in parental attention led to a feeling of loss and jealousy. Over time, these emotions accumulated, making Ivan more prone to emotional outbursts when things did not go his way, which in turn affected family relationships.



提升情緒管理能力 為未來發展奠定基礎

Ivan先後兩次參與「表達我心」計劃，導師Jennifer見證了Ivan在情緒管理方面的成長。她指出，理解每一種情緒背後的原因，是情緒教育的重要一步。當孩子能在安全、不被批判的環境中整理和表達感受，便不用獨自承受失望、憤怒或妒忌等情緒，也更容易建立內在的安全感。她形容，這是一種「人生情緒素養教育」，讓兒童知道情緒沒有對或錯，亦應該被接納。

透過表達藝術活動，Ivan逐漸學會了表達和管理情緒的方法，用更溫和的方式去溝通。

在導師的引導下，他透過創作把抽象情緒具體化，理解和梳理情緒，讓自己冷靜下來：「以前見到不順心的事會很不開心、很生氣。現在會先看看為什麼會這樣，再去想辦法調解。」

當與弟弟爭吵，或面對弟弟頑皮時，他亦嘗試用說話表達感受和講道理，成功避免衝突，兄弟和家庭關係亦更融洽。

另外，「表達我心」已於受大埔火災影響的區內小學推行，並會盡快推展至更多受影響的學校，透過表達藝術，協助受影響的學童抒發感受、療癒創傷，陪伴他們走出陰霾，重建希望。



Strengthening Emotional Management to Support Future Development

After joining the Healing Heart and Mind programme twice, Ivan has shown clear growth in emotional management. Jennifer, the facilitator, witnessed his progress. She explained that understanding what lies behind each emotion is a crucial step in emotional education. When children are able to organise and express their feelings in a safe, non-judgemental environment, they are less burdened by emotions such as disappointment, anger or jealousy and this can build a stronger sense of inner security. She describes this as a form of "life skill-based emotional literacy education", helping children understand that emotions are neither right nor wrong, but deserve recognition and acceptance.

Through expressive arts activities, Ivan has gradually learned to express and manage his emotions more effectively, and to communicate more calmly.

With guidance, he uses creative work to make abstract emotions more tangible — helping him process his feelings, and regain composure: "In the past, I would feel really upset and angry when things didn't go my way. Now I first look at why it happened, and then think about how to adjust."

When conflicts arise with his younger brother, or when his brother is being mischievous, Ivan now makes an effort to articulate his feelings and resolve issues through conversation. This has helped reduce conflict, strengthening both their sibling relationship and overall family harmony.

Additionally, the programme has already been launched in primary schools affected by the Tai Po fire, and will soon expand to more schools in the district, helping affected pupils express their emotions, heal from trauma, and rebuild hope.

觀看影片
Watch Video



舉辦小組
Sessions
153



直接受惠兒童
Children Directly Reached
237



合作學校和機構
Partner Schools and Organisations
13



社交情緒學習融入足球訓練 兒童成長重於競技勝負

Social-emotional Learning through Football Training: Children's Growth Matters More Than Winning

「童踢同樂」以足球作為媒介，在社區及學校為6至12歲基層兒童提供結合社交情緒學習的訓練，讓他們在多元共融的環境中學習自我覺察、情緒調節和團隊溝通，培養同理心，建立人際關係，並促進身心健康。

Play to Thrive uses football as a vehicle to provide community- and school-based training for children from grassroots families aged 6-12, integrating social-emotional learning into sport. In a diverse and inclusive environment, children develop self-awareness, emotional regulation and team communication, while developing empathy, building relationships, and promoting physical and mental wellbeing.

有調查顯示，近39%香港中小學生面對精神健康問題，反映提升兒童社交情緒技能及抗逆力的支援十分重要。8歲的啓朗十分喜歡踢足球，但缺乏良好的溝通和調節情緒的技巧。他參加「童踢同樂」計劃後，逐漸學會管理情緒，並以適切的方式與人溝通。

考驗球技與社交技能的綠茵場

啓朗、哥哥和爸爸都熱愛足球。三父子對足球的投入和認真，令啓朗不自覺地對自己有很高的要求。年紀輕輕的他在自我鞭策下，已展現出超卓的帶球和射門技巧。但一旦表現未如理想，他的情緒便容易出現波動。例如當他和年長同學一起踢球時，經常因為覺得自己不如別人而感到挫敗；與同齡同學踢球時，則會因為隊友未達到自己的期望而責怪他們。他表達想法時較直接，有時會令同學感到不悅，影響了人際關係。

Research shows that nearly 39% of primary and secondary school students in Hong Kong face mental health challenges, underscoring the importance of strengthening children's social-emotional skills and resilience. 8-year-old Kai Long loves playing football, but he previously lacked effective communication skills and emotional regulation. After joining Play to Thrive, he has gradually learned how to manage his emotions and communicate more effectively with others.

The Pitch for Challenging Both Football and Social Skills

Kai Long, his father, and his older brother all love football. Their passion and dedication to the sport led Kai Long, almost without realising it, to place very high expectations on himself. From a young age, he pushed himself hard and developed impressive dribbling and shooting skills. Yet when his performance falls short of what he expects, his emotions can fluctuate easily. When playing with older students, he often felt frustrated because he believed he was not as capable as they were. When playing with children his own age, he sometimes blamed teammates for not meeting his expectations. He also tended to express himself very directly, which sometimes made others uncomfortable and affected his relationships with classmates.

待人接物較球技重要

足球講求團隊精神，與隊友的溝通至關重要。啓朗過去缺乏良好的溝通技巧和調節情緒能力，在球場上較易與隊友發生爭執，年幼時更曾因輸了比賽而動手打哥哥。

參與「童踢同樂」後，啓朗有了明顯的改變。計劃寓教於樂，每節訓練結束後的「解說時間」，教練都會引導參加者將球場上正面或負面的反應，轉化為社交情緒學習的素材，幫助他們覺察自己情緒，同時理解他人，學習成為「情緒的主人」。

在教練的引導下，當啓朗面對壓力和失望時，能夠覺察到自己因未達期望而產生的負面情緒，並及時調節和冷靜下來。在團隊合作時，他能夠以更溫和的方式表達想法，開始懂得理解和體諒隊友，也學會以更正面的方式面對挫折。比賽時，即使隊友沒有傳球給他，他不再只會抱怨，而是會積極與隊友合作，甚至鼓勵他們。

球場內外展現個人成長

啓朗的爸爸見證了兒子身心的成長，他分享在一次比賽中，啓朗擔任隊長兼守門員，即使球隊落後，他亦沒有氣餒，更不斷鼓勵隊友繼續進攻，展現出以往少見的領導力和抗逆力。

任教體育的呂老師說：「啓朗參加計劃後，與同學的相處變得融洽，以前的溝通隔膜消失了。」

呂老師觀察到，啓朗在課堂中變得更主動幫助同學，也學會接納能力不同的隊友，甚至會主動教導他人，展現出自信與同理心。啓朗在球場內外逐漸建立的社交情緒技能，有助他發展更健康的人際關係。比起「施丹轉身」，這些技能更令他受用一生。



How We Treat Others Matters More Than Technique

Football is built on teamwork, and communication with teammates is crucial. In the past, Kai Long lacked effective communication skills and the ability to regulate his emotions, which made him more prone to arguments on the pitch. When he was younger, he even lashed out physically at his brother after losing a match.

After joining Play to Thrive, however, Kai Long has shown clear changes. The programme is designed to be both educational and fun. After each training session, coaches guided children through debriefing to turn their positive and negative reactions on the pitch into social-emotional learning moments — helping them notice their own emotions, understand others, and learn to become “the master of their emotions”.

With the coach's guidance, when Kai Long faced pressure and disappointment, he became better able to recognise the negative emotions that arise from not meeting expectations and to regulate himself and calm down. In teamwork situations, he has begun expressing his views more gently and has become understanding and empathetic towards his teammates. He has also learned to face setbacks more positively. During matches, even when teammates did not pass the ball to him, he no longer complained; instead, he actively collaborated with them and even encouraged them.

Growth On and Off the Pitch

Kai Long's father witnessed his son's growth in both mind and body. He shared that in one match, Kai Long served as both captain and goalkeeper. Even when the team fell behind, he did not lose heart but kept encouraging his teammates to continue attacking, demonstrating leadership and resilience that were rarely seen before.

Mr Lui, Kai Long's PE teacher, shared, “Since joining the programme, Kai Long now gets along better with classmates. The communication barriers have disappeared.”

Mr Lui also observed that Kai Long had become more willing to help others, more accepting of teammates with different abilities, and even took the initiative to teach others, showing both confidence and empathy. The social-emotional skills Kai Long has gradually developed on and off the pitch have helped him build healthier relationships. Instead of the “Zidane turn”, these are skills that will benefit him for life.

社區計劃 Community-based

直接受惠兒童
Children Directly Reached

480

合作非政府組織
Partner NGOs

4

服務時數
Service Hours

540

學校計劃 School-based

直接受惠兒童
Children Directly Reached

640

合作學校
Partner Schools

32

服務時數
Service Hours

576



觀看影片
Watch Video



「童踢同樂」計劃部分由嘉道理慈善基金會及克諾爾環球關愛亞太區有限公司支持。
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社交情緒學習融入校園 培養學童抗逆韌性

Integrating Social-emotional Learning into School Life to Build Students' Resilience

近年香港學童自殺個案引起社會關注。香港救助兒童會深信，要長遠守護兒童的精神健康，便要培養他們面對逆境的韌性。透過在學校推行社交情緒學習，能有效減少焦慮、抑鬱及行為問題，同時提升學生的自信心及學業表現。

將社交情緒學習融入常規課堂

於2025學年，「童感同行」計劃於兩間小學推行共24節社交情緒課程，融入小五及小六的常規課堂，並舉辦全校「社交情緒學習週」，以寓學習於玩樂的方式，將社交情緒技能推廣至全校約800名學生。當中77%參與學生自評社交情緒能力有所提升，成果令人鼓舞。

已連續第二年參與「童感同行」的華德學校校長盧淑儀肯定計劃成效：「它並非單次活動，而是一個可融入我們現有『成長課』的有系統課程。它既能提供專業支援，同時亦釋放老師的空間。」透過裝備學生所需的社交情緒技能，家長和教師能攜手協助學童面對人際關係、情緒調節及壓力等挑戰，幫助他們在學業和心靈上成長，同時享受校園生活。

In recent years, student suicide cases in Hong Kong have become a major public concern. Save the Children Hong Kong believes that protecting children's mental wellbeing in the long term requires empowering them with the resilience to face adversity. For instance, implementing Social-emotional Learning (SEL) in schools can help reduce anxiety, depression, and behavioural issues, while strengthening students' self-confidence and academic performance.

Integrating SEL into Regular Lessons

During the 2025 academic year, the Integrating Social and Emotional Learning into Schools programme (iSEL) delivered 24 Social-emotional Learning lessons across two primary schools. The programme was embedded into Primary 5 and 6 regular lessons and complemented by a school-wide event, Social-emotional Learning Week, which promoted SEL through fun, interactive activities and extended learning to around 800 students. Encouragingly, 77% of participating students reported an improvement in their social-emotional competencies.

Principal Lo Shuk-ye of Bishop Walsh Primary School, who was in the second year of participating in iSEL, affirmed the programme's impact: "What we value most is that this is not a one-off activity. It is a systematic curriculum that can be deeply integrated into our existing 'Personal Growth Lessons'. It provides professional support while also freeing up teachers' capacity." By equipping students with essential social-emotional skills, parents and teachers can work hand-in-hand to support children in facing challenges such as building friendships and managing emotions — helping them grow academically and emotionally, while enjoying school life.



「童感同行」計劃 Integrating Social and Emotional Learning into Schools

 直接受惠兒童
Children Directly Reached
360

 合作學校
Partner Schools
2

 服務地區
Service District
黃大仙
Wong Tai Sin



「童感同行」將社交情緒學習系統化地融入小學常規課堂，由導師引導學生學習五大核心領域：自我認識、自我管理、社交覺察、人際關係及負責任決策，支援學生在學業與生活中建立穩固的社交情緒技能基礎，提升心理健康及面對逆境的韌力。「童感同行」於2025年完結後，我們延續將社交情緒學習帶入校園的經驗，在下半年推出「Chill能力培訓課程」，藉由多元化的中、小學校園活動，營造包容多元情緒、支持正向關係的環境，進一步提升情緒管理、抗逆力與幸福感。

The Integrating Social and Emotional Learning into Schools programme systematically integrates Social-emotional Learning into regular primary school lessons. Facilitators guided students to develop five core competencies — self-awareness, self-management, social awareness, relationship skills, and responsible decision-making — to strengthen the social-emotional foundations needed for learning and everyday life. This, in turn, supports students' mental wellbeing and resilience in the face of adversity. Following the conclusion of iSEL in 2025, the Chill-ability Training Programme was launched in the second half of the year. Building on iSEL's experience of bringing SEL into schools, the programme delivers a range of activities across primary and secondary school campuses to foster an environment that embraces diverse emotions and supports positive relationships—further enhancing emotional management, resilience, and wellbeing.

多元校園活動 提升學童幸福感

為進一步推動社交情緒學習，我們由9月起與循道衛理優質生命教育中心合作，在北區、屯門、深水埗、觀塘等地區的中、小學推出「Chill能力培訓課程」。課程結合教師培訓、家長小組及校內體驗活動，包括校園設計活動，以提升學生從認識情緒到人際關係的能力；電影SEL課程、講座與書籍創作，引導學生反思情緒挑戰並學習應對；以及級本活動「Chill Day」，提供多元化的紓壓體驗，讓學生理解真正休息的意義，恢復身心能量。

中四學生卓盈曾因升中後成績下滑、依賴死記硬背而壓力倍增，影響學業表現和記憶力，令她的學習陷入瓶頸，並感到挫敗和沮喪。課程導師指出，卓盈有責任感，但一直缺乏自信。她加入「Chill能力小組」後，參與一系列社交情緒課程及校園活動，學習到紓緩壓力的方法。

她說：「我學會了『Chill』（放鬆）一點，不再因為糾結可能不會發生的事而『自己嚇自己』。」

在人際關係方面，卓盈亦學會了耐心理解他人的想法和背後的原因。卓盈更參加了「Chill能力培訓課程」於12月底舉辦的越南交流團，不但透過考察和探訪活動擴闊了視野，在導師引導下，亦開始細心觀察和感受身邊的人和事，逐漸建立更正向的價值觀和自我認同。

Diverse School Activities to Enhance Students' Wellbeing

To further promote SEL, from September onwards, we partnered with the Methodist Centre for Quality Life Education to roll out the Chill-ability Training Programme across primary and secondary schools in districts such as North District, Tuen Mun, Sham Shui Po and Kwun Tong, etc. Alongside teacher training seminars and parent groups, schools also host a range of experiential activities that enable students to learn through practice. Activities include campus design initiatives that help students enhance their ability to recognise emotions and interpersonal skills; school-based SEL movie curriculum, talks and book creation that guide students to reflect on emotional challenges and develop coping strategies; and a grade-based event, "Chill Day", which offers a variety of stress-relief experiences to help students understand the value of genuine rest and restore their physical and emotional energy.

Cheuk Ying, a Form 4 student, shared that after transitioning to secondary school, her academic performance declined and she felt overwhelmed to rely on rote memorisation. The heavy pressure hindered her performance and memory, leading to a bottleneck in her learning and leaving her feeling frustrated and discouraged. Her facilitator noted that although Cheuk Ying was responsible, she lacked confidence. After

「童感同行」計劃部分由何鴻毅家族香港基金支持。
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「Chill能力培訓課程」 Chill-ability Training Programme



直接受惠兒童
Children Directly Reached
6,384



合作學校
Partner Schools
5 間小學
primary **7** 間中學
secondary



服務地區
Service Districts
北區、沙田、深水埗、觀塘等
North District, Sha Tin, Sham Shui Po, Kwun Tong, etc

joining the programme, she participated in SEL sessions and campus activities, where she learned ways to relieve stress.

She said: "I've also learned to 'chill' a bit — so I don't scare myself by worrying about things that may never happen."

In her interpersonal relationships, she learned to patiently understand others' perspectives and the underlying reasons behind them. The Programme held the Vietnam exchange tour in late December, where Cheuk Ying broadened her horizons through visits and learning activities. With guidance from mentors, she also began observing and reflecting more mindfully on people and events around her, gradually building a more positive outlook and a stronger sense of self-identity.





從「管教者」步向「同行者」 新手父母的正向育兒之路

From “Disciplinarians” to “Companions”: A Positive Parenting Journey for First-time Parents

「從心所育」是一個家長及兒童支援計劃，結合救助兒童會於全球40多個國家推行的保護兒童項目框架的經驗，並轉化為本地計劃。自2018年在香港開展至今，已服務超過1,400名家長和照顧者，以及近2,300名兒童。計劃透過家長和兒童小組並行的活動，提升家長實踐正向管教的非暴力溝通技巧和信心，同時讓孩子感受到尊重，建立自我保護意識，並促進親子及家庭關係，從根源預防虐兒。

Heart to Heart is a parent and child support programme adapted from Save the Children's child protection framework, which has been implemented in over 40 countries worldwide. Adapted for Hong Kong, the programme has so far supported over 1,400 parents and caregivers, and nearly 2,300 children. Through parallel group sessions for parents and children, it helps parents build confidence and practical skills in positive parenting and non-violent communication, while enabling children to feel respected, develop self-protection awareness, and strengthen parent-child and family relationships — addressing risks at their root to prevent child abuse.

對不少香港家庭而言，育兒是一場時間、壓力和情緒的拉鋸戰。家長希望孩子在良好環境中成長，但在生活壓力下，未必有足夠時間和精力理解彼此感受。育有一子的阿卓和Apple坦言，成為父母後才逐漸意識到，童年被打罵或壓抑情緒的經歷，正悄悄影響他們與四歲兒子的相處方式。

打破傳統管教的代際循環

「以前一遇到問題，我第一個反應就是要解決事情。」阿卓回想過去，察覺到自己深受原生家庭缺乏被理解和陪伴的影響，習慣以指令或情緒主導處理衝突，有時忽略孩子或伴侶的感受。Apple亦分享，自己從小接受打罵教育，長大後才發現這些經歷會影響與人相處的方式。為了不延續上一代的管教模式，他們決定參加「從心所育」計劃，學習正向的育兒方法。

For many families in Hong Kong, parenting can feel like a constant tug-of-war between time, stress and emotions. Parents want their children to grow up in a supportive environment, yet under day-to-day pressures, they may not always have the time or energy to understand one another's feelings. Cheuk and Apple, parents of a four-year-old boy, shared that it was only after becoming parents that they began to realise how their own childhood experiences — growing up being scolded, punished, or taught to suppress emotions — continued to shape how they interact with their son.

Breaking the Intergenerational Cycle of Traditional Discipline

“In the past, whenever a problem came up, my first instinct was to fix it,” Cheuk recalled. Looking back, he realised he was deeply affected by growing up without feeling understood or supported. He had become used to handling conflict by giving instructions or reacting emotionally, sometimes overlooking how his child or partner might feel. Apple also shared that she grew up with scolding and corporal punishment, and only later came to understand how those experiences could influence the way she relates to others. Determined to break the cycle of traditional punitive discipline, they joined Heart to Heart to learn more positive ways of parenting.

計劃導師Janet指出，正向管教建基於建立家庭溫暖和清晰的指導及規律——一方面理解孩子的情緒和發展需要，另一方面為孩子建立安全而明確的界線。參與家長小組後，阿卓和Apple接觸到許多新概念，例如理解情緒背後原因的「冰山理論」，並透過工作坊的討論和正向溝通的實用技巧，在家庭生活中實踐。

家長及兒童小組並行 引導孩子表達情緒

計劃設家長及兒童並行的小組，分享實用方法，協助家長與孩子認識和表達情緒，例如透過藝術工具建立共同的情緒語言。Apple透過繪本和畫畫，逐漸打開與年幼兒子的對話空間。當兒子因遇到困難而情緒激動時，她學會耐心安撫並理解他的需要，同時引導他用說話溫和地表達情緒，從而減少家庭衝突。

非暴力溝通促進家庭和諧

學習正向管教後，阿卓與Apple善用非暴力溝通，增進親子 and 伴侶關係。對他們而言，育兒不再只是單方面的管教，而是成為彼此陪伴、共同成長的「同行者」。

阿卓分享：「現在我知道，有時一個擁抱，已經是很重要的回應。」

非暴力溝通亦可應用於夫妻相處，減少情緒失控和衝突升級的機會，也學會在解決問題的同時關注彼此感受，並以身作則，希望孩子能學會感受愛、理解自己和尊重他人。



阿卓與Apple同說：「我們並非期望他成為一個符合某種標準答案的人，而是一個懂得感受愛、理解自己、尊重別人的人。」

As they put it, “We’re not trying to raise him to become some ‘standard answer’ — we want him to be someone who can feel love, understand himself, and respect others.”

Programme facilitator Janet explained that positive parenting is built on both family emotional warmth and structure — understanding children's emotions and developmental needs, while also establishing safe and clear boundaries. Through the parent group, Cheuk and Apple were introduced to concepts such as the “Iceberg Theory”, which helps parents look beneath a child's behaviour to understand the underlying causes of emotions. With workshop discussions and practical positive communication techniques, they gradually learned how to apply these concepts in their everyday family life.

Parallel Learning for Parents and Children: Helping Children Express Emotions

The programme runs parallel groups for parents and children. It shares practical, easy-to-use approaches to help them and their children recognise and express emotions—such as using creative activities to build a shared “emotional language”. Through picture books and drawing, Apple gradually opened up space for conversation with her young son. When he became overwhelmed by challenges and his emotions ran high, she learned to respond patiently—soothing him while understanding his needs—and guiding him to express his feelings gently with words, helping to reduce conflict.



Non-violent Communication Strengthens Family Harmony

After learning positive parenting, Cheuk and Apple began to use non-violent communication to deepen their parent-child relationship and strengthen their bond as a couple. Parenting is no longer a one-way act of “discipline”, but a shared journey of companionship and growing together.

Cheuk shared, “Now I know that sometimes a hug is already a very important response.”

They also found that the same approach benefited their relationship as partners — reducing the chances of emotional escalation and conflict, and reminding them to stay attentive to each other's feelings while working through problems. By modelling respect and empathy at home, they hope their son will learn how to feel love, understand himself and respect others.

直接受惠兒童
Children Directly
Reached
280

合作學校和機構
Partner Schools
and NGOs
19

服務地區
Service Districts
**觀塘、深水埗、屯門、
北區、大埔等**
Kwun Tong, Shum Shui Po, Tuen
Mun, North District, Tai Po, etc.



觀看影片
Watch Video



深植守護兒童預防文化 聆聽兒童聲音

Rooting a Preventive Child Safeguarding Culture; Listening to Children's Voices

2025年，香港救助兒童會持續擴展「守護兒童服務」的範圍，透過「專屬政策制定服務」、培訓和工作坊，在服務兒童的機構文化中深植守護兒童的意識，確保不同範疇的前線人員均具備守護兒童的專業知識和能力。

隨著《強制舉報虐待兒童條例》生效，我們進一步協助這些機構將法規與內部通報機制銜接，轉化為具體可行的內部政策，同時透過情境討論，提升前線人員識別及通報虐兒個案的能力。有在大學修讀社工系的參加者表示獲益良多：「培訓增加了我對兒童受虐時身體和行為特徵的了解。透過情境討論，亦讓我了解到實際接觸服務對象時可能遇到的困難。」

此外，我們發表了由兒童主導設計的《香港兒童的聲音：對機構安全與友善環境的期望》研究報告，深入探討在兒童活動機構中建立安全環境的關鍵因素。結果顯示，50%受訪兒童在活動機構中找不到值得信賴的職員；近33%受訪兒童認為自己的意見未被機構認真對待，意味著兒童在活動機構中缺乏安全感，面臨危險或需要幫助時，可能求助無門。因此，我們在報告中促請服務兒童的機構建立完善的「守護兒童政策」，以及「以兒童為本」的文化，並將兒童聲音納入政策與日常運作，完善舉報及保護機制。

我們亦繼續與本地大專院校合作，為即將投身兒童相關行業的碩士生提供守護兒童知識與概念的專業培訓，確保「兒童的最佳利益」在未來職場中繼續處於首位。

In 2025, Save the Children Hong Kong continued to expand the reach of our Child Safeguarding Services. Through the Bespoke Policy Development Service, training and workshops, we worked with child-facing organisations to embed child safeguarding awareness into organisational culture and ensure that frontline personnel across different sectors are equipped with the professional knowledge and skills to safeguard children.

With the Mandatory Reporting of Child Abuse Ordinance coming into effect, we further supported these organisations to align legal requirements with internal reporting mechanisms and integrate them into clear, actionable internal policies. Through scenario-based discussions, we strengthened frontline practitioners' ability to identify and report suspected child abuse cases. As one participant studying social work at university shared: **"The training enhanced my understanding of the physical and behavioural signs of child abuse. The scenario discussions also reflected the real challenges we may face when working directly with service users."**

We also published a child-led research report, "Children's Views on Safety Within Organisations in Hong Kong", which explores key factors in building safe environments in child-facing organisations. The findings revealed that 50% of surveyed children said they could not identify a trusted staff member within organisations running activities for children, while nearly one-third felt their views were not taken seriously. This suggests that some children may lack a sense of safety in such settings and, when faced with danger or in need of help, may not know whom they can turn to. In response, we call on child-facing organisations to establish robust Child Safeguarding Policy and foster a child-centred culture, and embed children's voices into both policy design and day-to-day operations — thereby strengthening reporting and protection mechanisms to better safeguard children.

In addition, we continued to partner with local tertiary institutions to provide professional training on child safeguarding concepts and practice for Master's students preparing to enter child-facing professions — helping ensure that the best interests of the child remain at the centre of future practice.

從法例起步 編織全方位兒童 保護安全網

Legislation as a Starting Point: Weaving a Comprehensive Child Safeguarding Net

《強制舉報虐待兒童條例》（下稱《條例》）已於2026年生效，標誌社福界多年努力的里程碑。香港救助兒童會樂見《條例》落實，同時強調法律只是保護兒童的底線。真正的安全，必須源自文化轉變。我們一直推動將兒童保護由「法例要求」提升至更廣泛、系統化的專業素養，與各界共建強韌的兒童保護網。

跨界力量 深談協作

2025年9月，我們舉辦「兒童保護論壇：百日協作 共建兒童安全社區」，匯聚近150位教育、法律及社福界專業人士。透過專題座談及互動工作坊，提升他們在兒童保護方面的意識、知識和技能，建立一個互相支持的學習型社群，讓所有接觸到兒童的專業人士都能為新法例作充分準備。我們特別邀請九位青少年主持及參與對談，確保政策交流真正反映兒童的聲音，貫徹我們「兒童為先」的理念。論壇獲業界人士支持及媒體廣泛報道，有力地宣揚「虐兒零容忍」的核心訊息。

強化培訓 支援前線

同月，我們舉行傳媒茶聚，邀請教育界代表天主教慈幼會伍少梅中學李建文校長與本會總幹事曾迦慧女士，向傳媒分享教育界對《條例》的期望、準備工作的壓力，及前線所需的支援與配套，並強調從根源培養守護兒童文化。《條例》不僅是履行法律上的舉報責任，更是推動跨界別協作、建立預防文化的契機。是次茶聚藉傳媒報道呼籲政府加強對教師、社工等前線人員培訓，提升實務應對能力，為《條例》有效地落實奠定基礎。



The Mandatory Reporting of Child Abuse Ordinance (the "Ordinance") came into effect in 2026 — a milestone for the social welfare sector's efforts. Save the Children Hong Kong welcomes the implementation, while emphasising that legislation is only the baseline for protecting children; lasting safety requires a broader cultural shift. We remain committed to advancing safeguarding beyond compliance by promoting systematic and professional practice, thereby strengthening a comprehensive safety net for children.

Deepening Cross-sector Collaboration

In September 2025, we organised the "Child Protection Conference: Creating Protective Communities in 100 Days", bringing together nearly 150 professionals from the education, legal and social welfare sectors. Through panel discussions and workshops, the Conference strengthened participants' awareness, knowledge and practical skills, and built a learning community — helping child-facing professionals prepare for the new legislation. We invited nine youths to moderate and participate in discussions, ensuring that children's voices were reflected in policy conversations — demonstrating our Children First principle. The Conference received strong support across the sectors and was widely covered by the media, reinforcing the message of "zero tolerance for child abuse".

Strengthening Training, Supporting the Frontline

In the same month, we hosted a media briefing featuring Mr Li Kin-man, Principal of Salesians of Don Bosco Ng Siu Mui Secondary School, and Ms Kalina Tsang, CEO of Save the Children Hong Kong. They shared the education sector's expectations, preparation challenges, and the frontline support and resources, while calling for fostering a child protection culture from the ground up. The Ordinance is not only about fulfilling a legal obligation, but also an opportunity to deepen cross-sector collaboration and strengthen a preventive safeguarding culture. Through the media's voices, we called on the Government to enhance training for frontline personnel — including teachers and social workers — to strengthen response capabilities and support the effective implementation of the Ordinance.



直接受惠兒童
Children Directly
Reached

39,831

直接受惠成人
Adults Directly
Reached

795

工作坊參加人數
Workshops Participants

1,087



青年力量踏上國際舞台 推動氣候倡議

Youth Voices on the International Stage Advancing Climate Advocacy

救助兒童會於全球41個國家推行「Generation Hope」計劃，讓青年提出並實踐創新方案，推動氣候公義。香港計劃透過一連串的體驗式學習和工作坊，培育青年成為推動改變的行動者，協助他們將理念轉化為具體方案。本屆最終入選的青年代表，更獲邀參與「曼谷氣候行動週」和世界各地的青年和領袖交流。

Save the Children implements the “Generation Hope” initiative across 41 countries, empowering young people to develop and implement innovative solutions that promote climate justice. In Hong Kong, we offer a series of experiential learning and workshops every year to help participants turn ideas into practical proposals. In this edition, the selected youth representatives then join Bangkok Climate Action Week to exchange with young people and leaders from different places.

「Generation Hope」為香港青年提供連結本地經驗與國際議題的倡議平台，賦權香港青年參與國際間的討論。本屆六名香港青年獲選為本計劃的青年氣候大使，憑著創新的意念和可行的方案，與各地青年領袖、決策者及公眾交流，分享從日常生活出發的氣候行動方案。

從生活觀察連結全球議題

青年氣候大使Nevin透過電影欣賞活動，重新認識本地自然環境的價值：「如果我們不正視氣候變化，這些美好可能會被破壞。」他曾經覺得氣候議題很遙遠，但接連的颱風令學校活動取消，讓他意識到氣候變化對日常生活的影響。當亞洲爆發基孔肯雅熱時，他亦意識到氣候暖化、蚊患及公共衛生之間的關聯。同組的Chloe亦觀察到香港頻繁地出現極端氣候，在香港或許只是生活上的不便，但在其他地區卻可能引發災害。她認為，氣候議題未必需要從宏觀角度切入——從日常觀察出發，同樣能喚起關注。



Generation Hope provides an advocacy platform for Hong Kong young people to connect local experiences with global issues, strengthening youth participation in international dialogue. In this cohort, six selected Youth Climate Ambassadors of the programme engaged with youth leaders, decision-makers and the public, sharing climate action proposals rooted in everyday life.

From Everyday Observations to Global Issues

Youth Climate Ambassador Nevin re-examined the value of Hong Kong's natural environment through a movie screening activity: “If we do not confront climate change, these beautiful things may be damaged.” Climate issues were once distant to him until successive typhoons disrupted school activities and made him realise the impact on their daily lives. During the outbreaks of Chikungunya fever in Asia, he began to notice the links between global warming, mosquito proliferation and public health. Chloe, from the same group, observed that extreme weather is becoming more frequent in Hong Kong. What may seem like a local inconvenience can lead to disasters elsewhere, she noted. In her view, climate issues do not always need a macro-level approach — awareness can also begin with everyday observations.



「Generation Hope」計劃部分由昆士蘭保險香港支持。 Generation Hope is partially supported by QBE Hong Kong.

走向國際 以青年力量推動關注

Nevin、Chloe及其組員從社區和生活細節出發，提出在社區種植防蚊植物如香茅，並開辦工作坊，教公眾利用這些植物製作防蚊精油，更將防蚊精油派發予區內長者，從生活細節中認識和實踐環保意念，並引導公眾理解氣候變化和公共衛生的關係。這個方案令Nevin及Chloe的組別獲選為青年氣候大使，將方案帶到「曼谷氣候行動週」中與東南亞青年領袖及決策者交流，並獲得肯定。由於泰國氣候炎熱，蚊患問題更嚴重，當地亦已推行相關措施，讓團隊得以借鑑不同地區的經驗進一步改善本地方案，同時將香港的觀點帶到國際倡議平台。

與青年同行 延續影響力

Angel為上一屆青年氣候大使，現於大學修讀相關課程，持續關注環保議題。今屆她以導師及評審身份參與計劃，帶領新一屆青年走向國際平台。她觀察到，不少青年需要更多接觸和引導，才能真正理解氣候議題並參與改變。這些改變並非一蹴而就，而是透過影響更多人逐步累積。她表示：「香港救助兒童會的團隊會和我們一起討論如何實踐構思，考慮預算、場地等現實問題，並給予建設性建議。最後看到項目真的有機會實行，我覺得很有成就感，因為這是屬於我們的方案。」

此計劃的核心不僅在於培養環保意識，更在於讓青年發聲和被聽見，並將想法付諸實踐，從而建立推動改變的信心和能力。我們深信，每一位青年都是推動氣候議題的重要力量。



Going International: Youth-led Action from Daily Life

Starting from community needs, Nevin, Chloe and their groupmates proposed planting mosquito-repellent plants such as lemongrass in the local neighbourhood and running workshops to teach the public how to make mosquito-repellent essential oils from these plants. They also planned to distribute the oils to elderly people in the district — encouraging more people to adopt environmentally friendly practices in daily life and understand the connection between climate change and public health.

The proposal led to their group being selected as Youth Climate Ambassadors. They presented the idea to Bangkok Climate Action Week, where they engaged with youth leaders and decision-makers from Southeast Asia and received positive recognition. As Thailand's hot climate makes mosquito problems more severe and related measures are already in place, the team was able to learn from other regions' experience to refine their proposal, while also bringing Hong Kong's perspectives to the international advocacy platform.

Youth Inspiring Youth: Sustaining Impact

Angel, a former Youth Climate Ambassador, is now studying related disciplines at university and has returned as a mentor and a judge. She observed that many young people need greater exposure and guidance to understand climate issues and take action, and that change is built gradually by influencing more people. She shared, “The Save the Children Hong Kong team worked with us to discuss practical aspects such as budgets and venues, offering constructive advice. Seeing our project showcased – and possibly implemented – gave me a real sense of achievement, because this is our project.”

At its core, the programme goes beyond environmental awareness. It empowers young people to speak up, be heard, and turn ideas into action – building the confidence and capability to drive changes. We believe that every young person has the power to contribute to climate actions and beyond.



香港參加兒童人數
Children Participants in Hong Kong
超過 500
Over 500



活動及工作坊
Events and Workshops
超過 8
Over 8



全球累積參加兒童人數
Accumulative Children Participants Worldwide
超過 58,000
Over 58,000





守護尋求庇護及難民兒童 攜手衝破困境

**Supporting Asylum-seeking and Refugee Children:
Working Together to Overcome Barriers**

香港救助兒童會與基督教勵行會難民服務中心合作，為在港難民及尋求庇護的兒童提供教育資助，改善他們的學習和發展機會，並透過多元化活動協助他們建立自信和社交能力，促進社會共融，為他們創造更公平的未來。我們亦為家長提供正向育兒工作坊，協助他們營造安全和關愛的家庭環境，並為難民兒童開辦足球隊，讓他們透過足球建立社交情緒技能。

Save the Children Hong Kong partners with Christian Action Centre for Refugees to provide education subsidies to refugee and asylum-seeking children in Hong Kong, enhancing their access to learning and developmental opportunities. Through various activities, we support children to build confidence and social skills, promote social inclusion, and work towards a more equitable future. We also offer positive parenting workshops to support caregivers in creating safe and caring home environments. In addition, we run a football team for refugee children, using football to help them develop social-emotional skills.

在香港，尋求庇護者等待難民身份審批可長達15年以上，期間不能工作，只能依靠政府每月約3,200港元的生活補助，而兒童獲得的金額更少。在生活成本高昂、競爭激烈的環境下，在港生活12年的中六學生Jules表示，作為難民申請者，她在學習和社交上面對不少挑戰。

經濟支援學習所需 減少跨代貧困

Jules是學校裡第一位尋求庇護者。雖然她可在香港接受免費中小學教育，但學習用品和活動開支仍為家庭帶來沉重負擔。同時，老師和同學起初並不了解她身份上的限制，例如無法出境參與公民與社會發展科的外地考察團，令她感到沮喪：「解釋自己的處境並不容易，也讓我感到自己與其他同學不同。」

透過我們的教育資助，Jules得以購買學習的必需品，並支付補習及課外書費用。她說：「這項資助大大減輕了我在學習上的經濟壓力。」因此，她能更專注學業，掌握建立未來的能力，期望逐步打破貧困循環。

Jules亦積極參與我們與基督教勵行會難民服務中心舉辦的課外活動，讓她建立重要的青少年社交網絡，逐漸提升自信。對於未來，Jules依然充滿希望：「我相信自己的潛力，亦決心突破目前的困境，為自己和家人開創更光明的未來。」

In Hong Kong, asylum seekers may wait over 15 years for their refugee claim to be determined. During this time, they are not allowed to work and must rely on a monthly government allowance of about HK\$3,200, with even less provided for children. Living in a high-cost and highly competitive city, Jules, a Secondary 6 student, shared that she has faced significant challenges in both learning and social life over the 12 years she has lived in Hong Kong as an asylum seeker.

Financial Support for Learning Needs to Reduce Intergenerational Poverty

Jules is the first asylum seeker in her school. Although she has access to free primary and secondary education in Hong Kong, the costs of learning materials and school activities still place financial pressure on her family. At the same time, teachers and classmates initially did not understand the restrictions associated with her status — such as being unable to leave Hong Kong to join an off-site study trip for the Citizenship and Social Development subject. This left her feeling frustrated: “Explaining my situation is not easy and often makes me feel different from my classmates.”

Through our education subsidy, Jules was able to buy essential learning items and cover the costs of tutorial classes and supplementary books. She said, “This subsidy has greatly eased the financial pressure on my education.” With fewer financial worries, she could focus more on her studies, build the skills she needs for the future, and take steps towards breaking the cycle of poverty.

Jules also actively participated in extracurricular activities we organised in partnership with Christian Action Centre for Refugees, which helped her build an important social network with other young people and gradually grow in confidence. Looking ahead, she remains hopeful: “I believe in my potential. I’m determined to overcome my current challenges and create a brighter future for myself and my family.”



直接受惠兒童
Children Directly Reached
125



參與正向管教小組的家長
Parents Attended
Positive Parenting Sessions
62



中國內地項目 CHINESE MAINLAND PROGRAMMES

在中國內地，許多有特殊教育需要的兒童正面臨成長過程中的種種挑戰。缺乏及時而適切的支援，不僅影響他們的學習與發展，也為其家庭帶來長遠的心理與經濟壓力。救助兒童會致力於提供由幼兒至青年階段的支援，透過早期識別與介入，促進融合教育發展，協助兒童在更具包容性的學習環境中成長，建立基本的社交情緒能力。同時，我們亦支援有需要的青年就業發展，透過技能培訓及實習機會，幫助他們逐步融入職場，提升獨立生活的能力，並為其家庭帶來更穩定的未來。

除了教育項目，我們亦在兒童保護、健康與營養等範疇支援有需要的兒童。2025年，我們在中國內地開展的所有項目共直接惠及了35,711名兒童及成人。

In the Chinese Mainland, many children with special educational needs face various challenges as they grow. Without timely and appropriate support, their learning and development may be affected, while their families may also experience long-term psychological and financial pressures. Save the Children is committed to providing support across the developmental stages, from early childhood to youth. Through early identification and intervention, we promote inclusive education to help children grow in more supportive learning environments while developing fundamental social and emotional skills. At the same time, we supported young people in need with their transition to employment by offering skills training and internship opportunities, enabling them to integrate into the workforce, enhance their independent living skills, and build a more stable future for their families.

In addition to the education programmes, we also supported children in need in areas such as child protection, health and nutrition. In 2025, our programmes in the Chinese Mainland directly reached 35,711 children and adults.



學前融合教育支援成都幼童發展需要 共築和諧校園

Inclusive Preschool Education in Chengdu: Supporting Young Children's Development and Building Harmonious Schools



救助兒童會的學前融合教育項目是一個為幼兒園提供專業支援的教育計劃，旨在幫助有發展需要或行為困難的兒童在主流學習環境中安全學習、健康成長，同時提升教師和學校的專業能力，建立更具包容性的學習環境。

Save the Children's Inclusive Preschool Education Project provides professional support to kindergartens. It aims to help children with developmental needs or behavioural difficulties learn safely and grow healthily in mainstream preschool settings, while strengthening the professional capacity of teachers and schools to foster more inclusive learning environment.

要維持良好的學習環境，既要老師運用合適的教學方法，也需要學生專注投入。嘟嘟在3歲時入讀幼稚園，經常出現離隊或危險行為。老師在照顧班上30多名幼兒的同時，還要應對嘟嘟難以理解指令的情況，倍感壓力。班主任周老師說：「我從未面對過這樣的挑戰，起初既焦慮又無助，只能請其他老師暫時幫忙照看他，也不確定自己是否能真正幫助他。」

Maintaining a positive learning environment requires effective teaching approaches, as well as children's focus and engagement. Dudu was three years old when he started kindergarten. He often left the group or engaged in risky behaviour, and he found it difficult to understand instructions. While caring for more than 30 children, teachers also had to manage Dudu's needs — an added pressure that was difficult to manage. Ms Zhou, his head teacher, recalled: "I had never faced such a challenge before. At first, I felt anxious and helpless. I could only ask other teachers to help look after him temporarily, and I wasn't sure whether I could truly support him."

多方協作支持系統 及早識別與介入

就在老師感到迷惘之際，學前融合教育項目在當地建立了一個由教師、特殊教育專家、醫療人員及家長共同組成的支援網絡。當幼稚園成為項目試點後，專家迅速介入並指出，嘟嘟的部分行為與大腦前額葉發育遲緩有關，導致執行功能不足，使他在社交、情緒及行為方面面臨挑戰。

在專家指導下，老師學習以科學及系統化的方法運用「行為功能分析」來解讀嘟嘟的舉動。老師逐漸理解，當教學活動欠缺互動時，嘟嘟扔玩具、破壞積木的行為並非故意搗亂，而是不懂得如何表達自己的想法與需要，例如會扔玩具以引起注意。周老師表示：「現在我們更關注孩子行為背後的需要，而不是急於糾正行為本身。」

老師又為嘟嘟制定針對性的「個別學習計劃」，提升他在識別與表達情緒、遵守規則及社交互動方面的能力。例如課室內設立了「情緒角」，幫助幼童辨識和以語言平和地表達情緒。老師亦透過與家長交流，發現嘟嘟有皮膚和食物過敏的問題導致情緒不穩，因應身體需要調整照顧方式，藉溫和的互動逐步建立彼此的信任。

認清兒童優勢 提升社交技能 Recognising Strengths and Building Social Skills

老師善用嘟嘟精力充沛的特點，安排他擔任班級的「體能小教練」，讓他把活力轉化為幫助同學的正面力量。同時，老師採用「事前支持」策略，例如在活動轉換前提前預告下一個環節，並在集體遊戲開始前以簡單語言和動作示範規則，積極地營造更適合嘟嘟學習需要的環境。

最讓周老師感動的是，如今5歲的嘟嘟已能參與社交活動並展現同理心。他獲老師安排早上在校門迎接年幼的同學，不僅熱情地打招呼，還會安慰哭泣的小朋友。同時，這段經歷也令周老師成為了一名能應用融合教育，並能支持有特殊教育需要的孩子發展的教師。

透過項目，我們為有需要的孩子建立了一個具包容與接納學習需要差異的校園環境，透過早期介入與融合教育促進教育公平、提升兒童福祉，並培養更共融與關懷的社會文化。

A Collaborative Support System for Early Identification and Intervention

When teachers felt uncertain about how best to support Dudu, the Project helped establish a professional support network, bringing together teachers, special education experts, healthcare professionals and parents. After the kindergarten became a pilot site, specialists quickly intervened and identified that some of Dudu's behaviours were linked to developmental delays in the frontal lobe of the brain, affecting his executive functioning, which made social interaction, emotional and behavioural regulation more challenging for him.

With expert guidance, teachers began applying Functional Behaviour Analysis to understand Dudu's actions in a more scientific and structured way. Over time, they came to realise that when classroom activities lacked interaction, behaviours such as throwing toys or knocking over classmates' blocks were not acts of deliberate disruption. Rather, Dudu had not yet developed the skills to express his thoughts and needs — for example, he might throw toys to gain attention. Ms Zhou explained: "We now focus more on understanding the needs behind his behaviour, rather than simply correcting the behaviour itself."

Teachers developed an Individualised Education Plan for Dudu, focusing on strengthening his ability to recognise and express emotions, follow rules and build social skills. For example, an "Emotion Corner" was set up in the classroom to help young children identify their feelings and express them calmly through words. Through collaboration with Dudu's parents, teachers also discovered that he had food and skin allergies, which could affect his physical comfort and emotional wellbeing. They adjusted his daily care to better meet his physical needs and used gentle interactions to gradually build trust.

Teachers channelled Dudu's high energy positively by assigning him the role of "Fitness Assistant", allowing him to turn his vitality into a constructive force by helping his classmates. Teachers also adopted proactive support strategies — such as previewing what would happen next before activity transitions, and demonstrating rules with simple language and gestures before group games — so that the learning environment would be better suited to Dudu's needs.

What moved Ms Zhou the most was seeing Dudu — now five — take part in social activities and show empathy. He was given the responsibility to greet younger children at the school gate in the mornings. He warmly welcomed them and comforted those who were crying. This journey also transformed Ms Zhou's mindset and teaching practice, strengthening her confidence in applying inclusive education strategies to support children with special educational needs.

Through the Project, we helped create a school environment where differences in learning needs are understood and respected. Early intervention and inclusive education can promote educational equity, enhance children's wellbeing and foster a more caring and inclusive society.



共融就業 為成都特殊青年創造職涯機會

Inclusive Employment: Creating Career Pathways for Youth with Disabilities in Chengdu



「共融就業項目」透過「個人化職業教育支援計劃」為有殘疾障礙的學生在校內提供度身訂造的職業技能培訓，同時透過「職業過渡支援計劃」提供實習機會，並配合「就業教練」支援，幫助學生由學習走到實踐，為未來就業做好準備。

The Inclusive Employment Project supports students with disabilities through a two-pronged approach. Through the Individualised Vocational Education Support Plan, students receive tailored vocational skills training at school. Through the Individualised Vocational Transition Support Plan, they access internship opportunities, complemented by job coach support — helping students move from learning to practice and prepare for future employment.

對青年而言，尋找就業方向是成長必經的一課，而對有殘疾障礙的學生來說，更是一大挑戰。18歲的小明證實有二級智力障礙，主要由年邁的祖父母照顧。一家六口的生活主要依靠祖父母的退休金，以及父親不穩定的臨時工收入維持，他的母親則因為智力障礙而無法工作。隨著小明逐漸長大，祖父母一直擔心如果自己有一天無法再照顧家庭，小明和年僅五歲的弟弟將如何面對未來。

從學習到實習 累積工作經驗和學習社交能力

包括小明在內的十名學生透過學校推薦參與實習計劃，在實習培訓基地接受多個職位的實務培訓，並利用課餘時間持續練習。雖然小明在學習和專注方面面對一定困難，但在計劃中獲得職場教練的一對一指導，培訓內容亦根據他的個人能力和需要而調整。例如，「就業教練」將咖啡師的工作流程拆解成更簡單仔細的步驟，幫助他逐步掌握工作技能。此外，小明在社區中嘗試不同的工作角色，從協助活動到速遞分揀，逐步累積寶貴的職場經驗，並在不同領域發揮自己的能力。

For young people, finding a career path is a milestone in growing up. For students with disabilities, that step can be more challenging.

18-year-old Xiaoming has level 2 intellectual disability and is mainly cared for by his elderly grandparents. His family of six relies largely on the grandparents' pensions and his father's unstable income from temporary jobs, while his mother cannot work due to her intellectual disability. As Xiaoming grows older, his grandparents worry about the future — if one day they are no longer able to care for the family, how Xiaoming and his 5-year-old brother would cope with the future.

From Learning to Internship: Building Work Experience and Social Skills

Xiaoming was one of ten students recommended by their schools to join the internship programme. At an internship training base, they received practical training across multiple job roles and continued practising outside school hours.

Although Xiaoming struggles with learning and concentration, he received one-on-one guidance from a job coach during the internship programme, with training tailored to his ability and needs. For example, the job coach broke down the tasks of a barista into simpler, clearer steps, helping him master the required skills gradually. Xiaoming also explored different roles in community settings, from assisting at events to sorting deliveries, progressively building valuable workplace experience and developing his strengths across different areas.



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他的祖母見證著小明的進步，笑言：「以前這孩子總是坐不住，想動來動去或找人說話，現在可以安靜下來並專注做事。」經過數月在咖啡店的實習，小明已經能夠專注完成任務，社交能力亦顯著提升，獲得了日後進入職場必備的技能。

Witnessing Xiaoming's progress, his grandmother said with a smile, "In the past, he could never sit still and was always moving around or talking to someone. Now he can calm down and focus on his work." After several months interning at a café, Xiaoming was able to concentrate on completing tasks, while his social skills improved significantly — equipping him with essential skills for entering the workplace in the future.



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從被照顧到為家庭帶來希望 From Being Cared for to Contributing to the Family

畢業後，小明憑藉實習期間累積的經驗，順利獲當地一家酒店聘請為學徒。這份工作不僅帶來穩定的收入和完善的福利保障，也為家庭增添了經濟來源，令家人更感安心。小明在工作中得到滿足感與自信心，生活變得更充實。見證著他成長的祖母深感欣慰，並相信小明的改變為整個家庭帶來了新的希望。

聘用小明的酒店人力資源經理表示，小明在面試時展現的熱誠和能力超乎預期。他在試用期內表現良好，準時、守紀律，也能按照指示完成工作。雖然他偶爾在休息時間後較難重新集中，但在「就業教練」提供遠程支援下，他學會調整工作方式，更有能力整理和理解工作任務。她補充：「現在，他已經能夠獨立完成每天的工作清單，有效管理自己的時間，也為我們的酒店作出了重要的貢獻。」

Building on his internship experience, Xiaoming secured an apprenticeship at a local hotel after graduation. The job not only provides stable income and comprehensive benefits, but also provides an additional source of financial support for the family, giving them greater peace of mind. Xiaoming has gained a sense of fulfilment and confidence through his work, and his life has become more meaningful. Witnessing his growth, his grandmother feels deeply relieved and believes Xiaoming's progress has brought renewed hope to the whole family.

The hotel's HR manager shared that Xiaoming's enthusiasm and capabilities exceeded her expectations at the interview. During his probation period, he performed well — punctual and disciplined, and able to follow instructions to complete tasks. Although he sometimes struggled to refocus after breaks, with remote support from his job coach, he learned to adjust his approach to work and became better able to organise and understand his tasks. "Now he can independently follow his daily task list, manage his time effectively, and make valuable contributions to our hotel," she added.



Shaima Al-Obaidi / Save the Children

國際項目 INTERNATIONAL PROGRAMMES

不論其身份或國籍，每個兒童都有享有權利。我們持續與各地政府及國際夥伴合作，推動兒童權利及確保兒童聲音被聆聽，並按不同地區的需要提供適切支援。面對亞洲及其他地區的天災與人道危機，我們迅速在越南、緬甸、尼泊爾及阿富汗等地提供緊急援助，支援受災兒童及其家庭最迫切的需要。同時，我們亦在菲律賓推動早期發展支援，協助有需要的幼兒及家庭獲得更及時的服務；並在越南把氣候教育帶入校園，與青年攜手建立更健康、可持續的成長環境。此外，我們革新了支援兒童的計劃，以更全面方式，善用資源以切實回應不同地區的兒童及其社區的需要。

在2025年，我們支援各國開展的項目，直接惠及168,325名兒童及成人。

Every child has rights, regardless of who they are or where they come from. We continued to work with governments and international partners to advance children's rights, ensure children's voices were heard, and provide tailored support in response to the needs of different communities. In the face of natural disasters and humanitarian crises across Asia and beyond, we responded swiftly in places including Vietnam, Myanmar, Nepal and Afghanistan, delivering emergency assistance to meet the most urgent needs of affected children and their families. At the same time, we advanced early childhood development support in the Philippines, helping young children and families in need to access more timely services; and we brought climate education into schools in Vietnam, working with young people to build healthier, more sustainable environments for children to grow up in. In addition, we enhanced our approach to supporting children more comprehensively, making effective use of resources to respond to the needs of children and their communities.

In 2025, the programmes we supported across countries directly assisted 168,325 children and adults.

人道救援助越南、緬甸與尼泊爾兒童 重拾學習與生活

Humanitarian Responses in Vietnam, Myanmar and Nepal Helping Children Return to Learning and Daily Life



亞洲各地接連發生颱風、地震、洪水等嚴重天災，令災民失去居所及生活必需品。香港救助兒童會在香港特別行政區政府賑災基金的資助下，支援越南、緬甸及尼泊爾的受災兒童及其家庭最迫切的需要，提供學習用品、保暖物資、臨時帳篷及基本生活與衛生用品，協助他們在災後維持生活尊嚴，盡快重拾學習與日常。

Across Asia, severe natural disasters such as typhoons, earthquakes and floods have struck in quick succession, leaving families without homes and basic necessities. Funded by the Disaster Relief Fund, Government of the Hong Kong Special Administrative Region, Save the Children Hong Kong responded swiftly to meet the most urgent needs of affected children and their families in Vietnam, Myanmar and Nepal. We provided educational materials, winter supplies, temporary shelter, essential household and hygiene items — helping families maintain their health and dignity after disasters, and enabling children to return to school and everyday life as soon as possible.

越南 Vietnam

強烈颱風「摩羯」吹襲越南，6歲的Dung與家人居住的房屋被洪水淹沒，食物、電力和通訊一度中斷。

救助兒童會向Dung派發學習和保暖物資包，令Dung得以度過寒冬。他說：「我的書包被泥水弄髒，已經不能再用。我很開心能夠得到新的書包、書本、筆、外套和毛毯，現在我可以像其他同學一樣繼續上學。」

Super Typhoon Yagi hit Vietnam, and floodwaters submerged the home of 6-year-old Dung and his family. For a time, they were left without food, electricity or communication.

After receiving educational and winter supplies from Save the Children, Dung said: "My school bag was soaked in mud and couldn't be used anymore. I'm very happy to have a new school bag, books, pens, a jacket and blankets. Now I can go to school like my classmates."



緬甸 Myanmar

一場7.7級強烈地震，摧毀了37歲的Ma在緬甸曼德勒的新居，令她瞬間失去家園和所有財物。她一家七口，包括10個月大的兒子及行動不便的母親，只能暫住於簡陋帳篷中，經常遭受風雨侵襲。

救助兒童會為Ma和家人提供臨時帳篷、衛生用品及家庭基本物資包，紓緩他們最迫切的需要，亦為流離失所的家庭維持生活、健康和尊嚴。

A powerful 7.7-magnitude earthquake destroyed Ma's new home in Mandalay, leaving the 37-year-old and her family without a home or belongings. The family of seven, including her 10-month-old son and her mother with limited mobility, could only take shelter in a basic tent, often exposed to wind and rain.

Save the Children provided Ma and her family with temporary shelter, hygiene supplies and essential household items to ease their most urgent needs, helping displaced families maintain their daily life, health and dignity.



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尼泊爾 Nepal

一場暴雨在尼泊爾多處引發水災，山泥傾瀉頻生，令13歲的Samiksha家中的牛棚、菜園及周邊環境嚴重損毀，更堵塞了她上學的道路，家中亦缺乏學習用品，令Samiksha無法繼續學業。

救助兒童會向Samiksha派發學習物資包，包括筆記本、書冊、飯盒和水壺等用品，令她得以在困境中繼續接受教育：「我非常開心能夠收到這些物資，讓我可以繼續學業。」

Heavy rain triggered flooding and frequent landslides across parts of Nepal, severely damaging the cowshed, vegetable garden and surrounding area of 13-year-old Samiksha's family and blocking her route to school. With limited learning supplies at home, Samiksha was unable to continue her studies.

Save the Children provided Samiksha with learning materials, including notebooks, drawing books, a lunch box and a water bottle, so she could continue her education. "I'm very happy to receive these supplies so I can continue my studies," she said.



Save the Children



Rachel Thompson / Save the Children

阿富汗地震後提供孕產婦支援 迎來新生命和希望

Welcoming New Life and Hope Through Maternal Care Support After Afghanistan Earthquake



2025年8月31日深夜，阿富汗發生6級強烈地震，大量房屋受損，並引發多次餘震和嚴重的人道危機。地震後，救助兒童會在庫納爾及楠格哈爾等受災地區展開行動，除了透過流動醫療隊提供緊急分娩支援，亦派發包括衛生必需品、煮食用具及房屋維修工具在內的救援物資，並提供現金援助以解燃眉之急。

Late at night on 31 August 2025, a magnitude 6.0 earthquake struck Afghanistan, destroying large numbers of homes and triggering multiple aftershocks and a severe humanitarian crisis. In the aftermath, Save the Children launched a response in Kunar, Nangarhar and other affected areas. Alongside emergency childbirth support through Mobile Health Teams, we distributed relief items — including hygiene kits, house repair tools and kitchen kits — and provided cash assistance to help affected families meet urgent needs and recover with dignity.

「我們的生活原本很好，很快樂，有自己的家。現在，我們只能住在帳篷裡。」Pari抱著剛出生12天的兒子Mansoor說。

地震發生的那個深夜，正值她的預產期，房屋在黑暗中崩塌，家當被埋在瓦礫之下。由於通往外界的道路被墜落的山石阻斷，即將臨盆的她在餘震與亂石間步行了6個小時，盼望能支撐到救助兒童會的營地，向流動醫療隊求助。

在那兒，Pari遇上了過去曾陪伴她度過整個孕期的助產士Nafisa。兩人因地震失聯後再次遇上，成為Pari黑暗中的一絲曙光。

“Our life used to be good — happy — and we had our own home. Now we can only live in a tent,” said Pari, holding her son Mansoor, who was just 12 days old.

The earthquake struck on the very night she was due to give birth. In the darkness, her home collapsed and everything her family owned was buried under rubble. With roads out blocked by falling rocks, Pari — on the verge of labour — endured aftershocks and unstable ground, walking for six hours to reach help. She held on to one hope: reaching a mobile health clinic run by Save the Children for help.

There, Pari reunited with Nafisa, a midwife who had supported her throughout her pregnancy. After losing contact because of the earthquake, their reunion became a ray of light in Pari’s darkest moment.

在嚴峻環境中展現生命的韌性 Resilience of Life in Extreme Conditions

對Nafisa來說，那幾天同樣驚心動魄。這是她職業生涯中第一次在緊急災區內缺乏恆溫設備、只有基本醫療物資的帆布帳篷裡接生。

Nafisa說：「這是我第一次在流動醫療隊中協助接生。以往孕婦一般會被轉送到區域醫院分娩，但這次是緊急情況，我們必須隨時做好準備。」

Pari在分娩期間，透過我們的緊急人道救援工作獲得及時醫療服務。最終在地震發生後的第五天，Nafisa順利為她接生期待了16年的兒子Mansoor。

For Nafisa, those days were equally harrowing. It was the first time in her career that she delivered a baby inside a canvas tent in a disaster-affected area — without temperature control and with only basic medical supplies.

Nafisa said, “This was my first time assisting with a delivery as part of the Mobile Health Team. Normally, pregnant women would be referred to the district hospital, but this was an emergency, so we had to manage the delivery ourselves.”

During labour, Pari received timely care and health services through our emergency response. On the fifth day after the earthquake, Nafisa safely delivered Pari’s long-awaited son, Mansoor — her first child after 16 years of waiting.



Rachel Thompson / Save the Children



Rachel Thompson / Save the Children

迅速行動守護母嬰安全 Acting Fast to Protect Mothers and Babies

當地冬季降雪及持續的落石威脅，令援助物資運送變得格外困難，物資需沿著開鑿於山坡的崎嶇小路運送。當時估計災區仍有孕婦等待分娩，而崎嶇的山路令救援車輛難以行駛，部分村落甚至仍處於隔絕狀態。我們為受災家庭提供人道救援，確保兒童在緊急情況下仍能獲得基本醫療、衛生與生活援助，降低孕產婦及新生兒的健康風險。同時透過救援醫療、現金援助及物資支援，幫助受災家庭逐步恢復生活，為新生命帶來希望。

Snowfall and the constant threat of rockfalls made delivering aid extremely difficult, with supplies transported along narrow mountain paths. At the time, many pregnant women in the affected areas were still awaiting childbirth, while rough terrain made it hard for relief vehicles to travel, and some villages remained cut off. We provided humanitarian assistance to affected families to ensure children could continue to access basic healthcare, hygiene support and essential supplies in emergencies — helping reduce health risks for pregnant women and newborns. Through emergency medical services, cash assistance, and providing essential kits, we supported families in restoring their lives and rebuilding hope.



幼兒早期發展支援計劃 陪伴菲律賓孩子成長

Early Development Support: Helping Philippine Children Thrive



許多有發展遲緩或障礙跡象的幼兒未能及時獲得適切支援，照顧者亦往往缺乏對幼兒早期發展需要的認知。救助兒童會為這些早期發展遲緩的菲律賓兒童及其家庭提供支援，並鼓勵他們參與推動政府改善政策，確保每位兒童都有公平成長的機會。

Many young children showing signs of developmental delay or disability are unable to access timely, appropriate support, and caregivers often have a limited understanding of early development needs. Save the Children supports children with early developmental delays and their families in the Philippines, while working together to advocate for improved government policies — so that every child has an equal chance to grow and thrive.

父母是最親近兒童的人，往往能最先察覺細微變化，及早介入有助孩子及時接受評估與治療。26歲的Angelyn是五歲女兒Zane的主要照顧者，一家住在塔吉格市一個人口稠密、水災頻生的社區。當地公共發展評估及治療服務資源有限，輪候時間長，費用亦高，家長要為孩子尋找支援並不容易。

早在Zane年幼時，Angelyn便留意到她的一些獨特行為：她會把玩具整齊排列、避免與人眼神接觸，也較難回應或配合其他人。Angelyn逐漸意識到這些行為可能是發展遲緩的跡象，然而，新冠肺炎疫情令原本有限的醫療服務變得更緊絀，導致她一直未能帶Zane接受專業評估。

Parents are closest to their children and are often the first to notice subtle changes. Early identification makes it more likely that children can receive timely assessment and treatment. Angelyn, 26, is the primary caregiver of her 5-year-old daughter, Zane. The family lives in Taguig City, in a densely populated and flood-prone community, where public child developmental assessment and therapy services are limited, waiting times are long, and costs can be high — making it difficult for many parents to find the support their children need.

From an early age, Angelyn noticed Zane's unusual behaviours, such as carefully lining up toys and avoiding eye contact. After researching online, she suspected developmental delay, but the pandemic made already limited services even harder to access, delaying professional assessment.

及早介入 改變兒童未來 Early Intervention Can Change Children's Future

後來，Zane的學校老師逐漸留意到Zane在課堂上經常走動、把玩教室裡的物件、容易感到害怕的表現，於是將她轉介至救助兒童會的幼兒早期發展支援，讓她有機會獲得所需的早期評估與介入支援。Zane獲安排到私營治療中心接受首次發展評估，並證實為有需要高度支援的自閉症。

在計劃的支援下，Zane在安全而充滿關愛的環境中開始治療，按照適合她的節奏學習新技能。Zane的媽媽自豪地分享女兒的進步：「她現在可以自己上樓梯，不再需要別人抱著，也能安心乘坐公共交通工具，願意與陌生人互動。」在家中，Zane展現出更多自立能力，例如在吃完飯後收拾自己的物品，更清楚地表達需求，甚至會嘗試在父母在旁看顧下到外面買食物。

為了盡早支援有發展障礙的兒童，計劃亦為其家庭提供現金援助，減輕治療帶來的經濟壓力。更重要的是，計劃為Zane媽媽提供家長培訓和支援，提升她作為照顧者的信心。她亦透過計劃參與家長支援小組，與其他家長分享經驗，並在網上社群中互相交流與學習。如今，她更懂得以耐心回應女兒的需要，也更相信自己可以陪伴女兒走下去。



Later, Zane's teacher began noticing concerns at school — she was often moving around during class, fiddling with objects in the classroom, and seemed easily frightened. The teacher referred her to Save the Children, allowing Zane to access early assessment and intervention support. Zane received her first developmental assessment at a private therapy centre, where doctors confirmed that she had autism and required a high level of support.

With the programme's support, Zane began therapy in a safe and caring environment, learning new skills at a pace that suits her. Angelyn proudly shared her daughter's progress: "She can climb stairs on her own now, no longer needs to be carried, can take public transport with ease, and is willing to interact with strangers." At home, Zane has also grown more independent — such as putting away her belongings after meals, expressing her needs more clearly, and even trying to buy food outside while her parents kept watch nearby.

To ensure children with developmental delays receive timely support and ease the financial burden of therapy, the programme also provides cash assistance to the family. Just as importantly, it offers parenting training and support, strengthening Angelyn's confidence as a caregiver. Through parent support groups, she can share experiences with other parents, learn and exchange ideas through online communities. She now feels better equipped to respond to her daughter's needs with patience—and more confident that she can continue walking alongside Zane as she grows.



新世代的力量 助越南青年推動綠色未來

The Power of a New Generation — Empowering Youth in Vietnam to Drive a Greener Future



救助兒童會致力將氣候教育帶入校園，讓學生了解氣候變化對他們的福祉與未來的影響。透過課程和多元化的活動，我們啟發青年關注氣候議題，並鼓勵他們以實際行動共同創造更可持續、健康的成長環境。

Save the Children is committed to bringing climate education into schools, helping students understand how climate change affects their wellbeing and their future. Through courses and a wide range of activities, we inspire young people to engage with climate issues and encourage them to take practical action — together creating a more sustainable and healthier environment for children to grow up in.

氣候變化影響全球各地。近年極端天氣頻繁出現，不僅影響日常生活，也對社區健康構成威脅。在越南廣治省，13歲的Băng更深刻體會到這些影響已成為生活的一部分：突如其來的熱浪、暴風雨和洪水經常打亂日常生活，不時影響上課與戶外活動。空氣污染亦令不少兒童出現呼吸道問題。

學習氣候知識 擴闊青年視野

Băng以前一直以為氣候變化只是天氣變得不尋常。每當遇到狂風暴雨，她都欠缺應對突發災害的自信和勇氣。直到救助兒童會把氣候教育帶入校園，成立氣候變化小組，Băng透過參與學習活動和實地考察，逐漸了解氣候變化議題及影響。

對氣候議題充滿好奇的Băng積極參與各類活動，例如環保議題辯論、植樹行動和實地考察。這些經驗讓她親眼看見氣候變化帶來的影響，也讓她結識新朋友、擴闊視野，更堅定把在小組所學的帶回學校與家庭，讓更多人了解氣候議題的想法。

Climate change is affecting communities around the world. In recent years, extreme weather events have become more frequent, disrupting daily life and posing risks to community health. In Quảng Trị Province, Vietnam, 13-year-old Băng has experienced these impacts as part of everyday life: sudden heatwaves, storms and flooding often interrupt daily routines and sometimes affect schooling and outdoor activities, while air pollution has also contributed to respiratory problems among many children.

Learning About Climate Change, Broadening Young People's Horizons

Băng used to think climate change simply meant unusual weather. Whenever storms and heavy rain hit, she lacked the confidence and courage to cope with unexpected disasters. It was only after Save the Children introduced climate education at her school and helped establish a Climate Change Club that Băng began to understand climate change and its impacts through learning activities and field visits.

Curious about climate issues, Băng actively participated in activities such as debates on environmental topics, tree-planting and field visits. These experiences allowed her to see the impacts of climate change first-hand, make new friends, and broaden her horizons — strengthening her determination to bring what she learned in the club with her school and family so that more people could understand climate issues.



以行動傳遞信息 由青年推動改變

Băng決定以身作則，在休息時間主動清潔課室附近的環境、為植物澆水，也會提醒同學維持環境整潔。在計劃提供的學習與實踐空間下，Băng協助氣候變化小組在學校設立「環保角落」，參與校內環保活動並製作宣傳材料，向同學介紹綠色能源及環境保護的知識。她更成為學校「綠色校園與可持續未來」交流活動的主持，向多個學生社團宣傳可持續發展理念。她也在參與活動的過程中，結識了不少同樣關注氣候議題的新朋友，拓展社交圈子。在家中，她亦會進行廚餘分類、減少用電和重用膠樽，同時鼓勵家人一起參與。她分享：「計劃為我提供了學習和實踐的機會，讓我變得更加自信，也更有責任感。」Băng笑言自己很高興看到身邊的人受到她的影響，逐漸改變生活習慣並實踐環保行動，希望能帶動社區一起守護地球。「我很自豪，因為我沒有置身事外，而是參與改變地球未來的旅程。」Băng說。

計劃不僅能提高青年應對氣候風險及保護環境的意識，更培養出具備行動力與社會責任感的新一代，成為推動改變的倡導者，推動社區邁向更健康和可持續的未來，讓兒童在更好的環境中茁壯成長。

Spreading the Message Through Action, Youth Driving Change

Băng decided to lead by example — cleaning areas near her classroom during breaks, watering plants, and reminding classmates to keep the environment clean. With the learning and practice opportunities provided by the programme, she helped the Climate Change Club set up a “Green Corner” at school, joined environmental activities, and created awareness materials to promote knowledge of green energy and environmental protection to her classmates. She also hosted the school’s “Green School for a Sustainable Future” Communication Fair, sharing ideas about sustainable development with various student clubs. Along the way, she connected with other young people who care about climate issues and expanded her social circle. At home, she also put her values into practice — sorting food waste, reducing electricity use, reusing plastic bottles, and encouraging her family to do the same. She shared, “With the guidance and opportunities for learning the project gave me, I have become more confident and responsible.” Băng feels proud to see people around her gradually change their habits. “I am proud because I did not choose to stand aside. I chose to take part in the journey to change the future of our planet,” she said.

The programme not only strengthens young people’s awareness of climate risks and environmental protection, but also nurtures a new generation with initiative and a sense of social responsibility — helping them become advocates for change and supporting communities in moving towards a healthier and more sustainable future.



應對全球兒童困境 環球童助計劃守護未來

Responding to Children's Challenges Worldwide: The Journey Around the World Initiative Safeguards Futures

救助兒童會於20世紀初率先開展助養兒童計劃，至今已為超過10億名兒童提供援助。2025年，我們推出「環球童助計劃」，取代以往的助養兒童計劃，並同時停止該計劃的募捐及相關活動，以更靈活和更有效率的方式，廣泛支援最有迫切需要的兒童及其社區的整體需求。

Save the Children pioneered child sponsorship programmes in the early 20th century and has supported more than one billion children to date. In 2025, we launched the Journey Around the World initiative, replacing the previous child sponsorship model. At the same time, we discontinued fundraising and related activities under the former model. This new approach enables us to respond more flexibly and efficiently, providing broader support to children with the most urgent needs and addressing the overall needs of their communities.



越南 Vietnam

快速城市化令部分農村兒童、移民及殘疾兒童被忽略，偏遠地區的新生兒存活率低。我們為新生兒和母嬰提供醫療服務，減輕早產、感染等致命危機，守護多元社會的兒童健康。

Rapid urbanisation has left some rural children, migrants and children with disabilities behind, while newborn survival rates in remote areas remain low. We provided healthcare services for newborns and mothers, helping to reduce life-threatening risks such as premature birth and infection, and safeguarding children's health in diverse communities.



埃塞俄比亞 Ethiopia

長期受極端氣候影響，自然災害破壞生計和引發疾病，超過1,000萬名兒童需要緊急援助。我們迅速向兒童及其家庭提供醫療、糧食及教育支援，派發生活及學習用品，讓他們恢復健康生活、繼續學習。

Long affected by extreme climate conditions, natural disasters have disrupted livelihoods and triggered disease outbreaks, leaving over 10 million children in need of emergency assistance. We responded swiftly by providing medical care, food and education support, and distributing essential household and learning supplies to children and their families, so they can restore healthier daily lives and continue learning.



贊比亞 Zambia

許多兒童缺乏基本營養、醫療及教育機會。我們與教育和醫療部門合作，提高兒童識字率；並在戰區及偏遠村莊為兒童提供醫療服務。

Many children lack access to basic nutrition, healthcare and education. We worked with education and health authorities to improve children's literacy, and provided healthcare services to the children living in conflict-affected areas and remote villages.



中國內地 Chinese Mainland

截至2020年，有超過4,180萬名農村留守兒童及7,110萬名城市流動兒童因城鄉資源分配不均，在基本醫療、教育和保護上面臨巨大挑戰。我們透過教育及生計項目，協助家庭穩定收入，改善兒童的學習與生活環境，讓他們藉教育提升發展能力，逐步脫貧。

As of 2020, more than 41.8 million left-behind children in rural areas and 71.1 million migrant children in cities face significant challenges in basic healthcare, education and protection due to unequal distribution of urban and rural resources. Through education and livelihood programmes, we helped families stabilise their income and strengthen children's learning and living conditions—enabling children to strengthen their developmental capabilities through education and gradually move out of poverty.



尼泊爾 Nepal

超過33%兒童生活匱乏，逾80%兒童曾經歷心理虐待或體罰。我們向基層家庭提供醫療、疫苗及營養支援；並與社區及政府合作，提倡反對童婚及對兒童使用暴力，讓兒童在安全及快樂的環境下成長。

Over 33% of children live in deprivation, while over 80% experienced psychological abuse or corporal punishment. We provided healthcare, vaccinations and nutritional support to grassroots families, and worked with communities and the government to advocate for fighting against child marriage and violence against children, so children can thrive in a safe and happy environment.



「希望之翼」 慈善晚宴凝聚善心 為兒童精神健康護航

“Wings of Hope” Gala Dinner Unites Compassion to Safeguard Children's Mental Wellbeing



香港救助兒童會2025慈善晚宴匯聚社會各界逾200位善心人士，攜手為本地兒童精神健康出一分力，推動本會的工作持續向前。晚宴以「希望之翼」為主題，象徵兒童在逆境中蛻變和重生，展現韌性和潛能。香港特別行政區政府政務司司長陳國基先生、香港救助兒童會大使兼著名影星甄子丹先生及慈善晚宴愛心大使方力申先生均出席晚宴共襄盛舉。

隨著學童自殺個案急劇上升，社會對議題的關注刻不容緩。政務司司長陳國基先生致辭表示，政府十分重視兒童精神健康，又勉勵社福機構、學校、商界和社會各界，與政府一起群策群力，攜手為下一代建設更美好、共融的未來。

「希望之翼」慈善晚宴成功喚起與會者對兒童心理健康的重視。我們衷心感謝所有慷慨解囊的善長，當晚籌得的善款除了用於推動兒童心理健康，亦會撥入兒童保護及教育支援等重要項目。



Save the Children Hong Kong's 2025 Gala Dinner brought together over 200 generous supporters from across the community to champion children's mental wellbeing in Hong Kong, advancing our work in supporting children. Themed “Wings of Hope,” the evening symbolised children's transformation and renewal in the face of adversity, and highlighted their resilience and potential. Mr Chan Kwok Ki, Eric, the Chief Secretary for Administration of the Government of the Hong Kong Special Administrative Region; Mr Donnie Yen, Save the Children Hong Kong Ambassador and renowned film star; and Mr Alex Fong, the Gala Dinner's Charity Ambassador, attended the event.

Amid a sharp rise in student suicides, the need for attention and action is urgent. Mr Chan Kwok Ki remarked that the Government placed great importance on children's mental wellbeing and encouraged joint efforts across government, the social welfare sector, schools, businesses and the wider community to build a better and more inclusive future for the next generation.

The Wings of Hope Gala Dinner successfully raised the participants' awareness of children's mental wellbeing. We extend our sincere thanks to all donors for their generous support. Funds raised will support programmes for children's mental health, and will also be allocated to child protection and education programmes.

兒童愛衣日 向大埔受災兒童傳播暖意

Christmas Jumper Day:
Spreading Warmth to Children Affected by Tai Po Fire



自2017年起，「兒童愛衣日」是救助兒童會的標誌性籌款活動，藉著聖誕節日氣氛為各地兒童送上溫暖。2025年，活動籌得的所有善款均用於支援受大埔火災影響的兒童及其家庭，協助他們逐步重建生活，療癒心靈創傷。

我們衷心感謝所有捐款者、名人、學校及企業夥伴一直以來的鼎力支持，包括方力申先生，以及長期企業贊助夥伴 DAKS。參與善舉的學校和企業展現出慷慨與熱誠，讓我們能迅速向受災兒童及家庭提供援助。各界的支持不僅帶來實際援助，也凝聚社會力量，共同為孩子建立一個讓他們安心成長的社區，在逆境中仍能看見希望。

Since 2017, Christmas Jumper Day has been Save the Children Hong Kong's signature year-end fundraising event, utilising the festive spirit to bring warmth to children around the world. In 2025, all funds raised were dedicated to supporting children and families affected by the Tai Po fire, helping them gradually rebuild their lives and heal from emotional trauma.

We extend our heartfelt thanks to all donors, celebrities, schools and corporate partners for their continued support, including our supporter, Mr Alex Fong, and our longstanding corporate sponsor, DAKS. The generosity and enthusiasm shown by participating schools and companies enabled us to respond swiftly and provide assistance to affected children and families. This collective support not only delivered practical help, but also strengthened community solidarity — creating a community where children can grow up with a sense of security and continue to find hope, even in adversity.



慈善哥爾夫球日 支援本地學童社交情緒學習

Charity Golf Day: Supporting Social-emotional Learning for Local Students

一年一度的慈善哥爾夫球賽，是香港救助兒童會的重點籌款盛事。今年活動所籌得的善款，將全數用於本會推動本地學童社交情緒學習的相關項目，幫助兒童從小建立情緒管理及社交能力，同時亦為教師和導師提供專業培訓，提升他們在支援兒童精神健康的技巧。活動藉各界的善款，支援學校為兒童建立關愛與安全的校園環境，也提升活動參加者對兒童精神健康的關注。

香港救助兒童會感謝眾多機構和各位善長的鼎力支持，包括活動贊助商CVC、球洞贊助商美銀證券集團、Clifford Chance、摩根士丹利、加拿大皇家銀行、所有隊伍的贊助商，及合作夥伴清水灣鄉村俱樂部，對活動作出的支持與貢獻。有賴各界的信任與投入，我們才能一起為孩子帶來深遠而持續的改變。

The Charity Golf Day is one of Save the Children Hong Kong's flagship annual fundraising events. All proceeds from this year's event were directed towards our local social-emotional learning programmes, supporting primary school students across Hong Kong. The programmes help children build emotional regulation and social skills from an early age, while also providing professional training for teachers and facilitators to strengthen their capacity to support children's mental wellbeing. With the generosity of participants, we supported schools in creating caring and safe learning environments and raised participants' awareness of children's mental health.

We extend our heartfelt thanks to all organisations and benefactors for their unwavering support, including our Event sponsor CVC, our Hole sponsors BofA Securities, Clifford Chance, Morgan Stanley, and Royal Bank of Canada, as well as all team sponsors. Special thanks also to our valued partner, The Clearwater Bay Golf & Country Club, for their outstanding support and contribution to the success of the event. Your trust and commitment enable us to bring meaningful and lasting change for children.



「旗動愛心為兒童」賣旗日 支援學童精神健康與學習機會

“Flag for Children’s Futures” Flag Day: Supporting Children’s Mental Wellbeing and Learning Opportunities

香港救助兒童會於2025年首次舉行「旗動愛心為兒童」賣旗日，為香港兒童精神健康及低收入社區兒童籌募善款。今年賣旗日特別強調兒童友善與兒童參與，除了邀請兒童以義工身份參與賣旗，更提供兒童友善的活動須知、簡化流程圖解及活動意義與兒童權利的講解，確保小義工在受尊重與受保護的環境下參與，同時讓兒童在實踐中培養同理心、溝通協作能力與公民責任感，提升自信與投入感，將關懷化為支援社區的正面力量。

我們衷心感謝近2,000名義工及夥伴的熱心參與，以行動支援香港有需要兒童及其精神健康。賣旗日所籌得的善款將用於本會支援香港兒童精神健康的項目，以及為低收入社區兒童開拓學習機會，讓孩子能在安全與關愛的環境中成長。



In 2025, Save the Children Hong Kong held the “Flag Day for Children” for the first time to raise funds for children’s mental wellbeing and for children from low-income communities in Hong Kong. This year’s Flag Day placed a strong emphasis on child-friendly practice and child participation. Children were invited to serve as volunteers and were supported with child-friendly participation guidelines, simplified process visuals, and briefings on the purpose of the event and children’s rights. These measures ensured that child volunteers took part in a respectful and protective setting, while enabling them – through practice – to develop empathy, communication and collaboration skills, and civic responsibility, building confidence and engagement and translating care into positive community impact.

We thank nearly 2,000 volunteers and partners for their participation in support of children in Hong Kong and their mental wellbeing. Proceeds from the Flag Day were directed to our programmes that promote children’s mental wellbeing and expand learning opportunities for children from low income communities, helping them grow up in safe and caring environments.



攜手共創成果 PARTNERING FOR IMPACT

香港救助兒童會與企業及基金會夥伴緊密合作，將各方資源轉化為支持兒童成長的力量，推動兒童在教育、健康及保護方面的發展。不僅改善兒童當下的生活與學習環境，亦帶來長遠而可持續的正面改變，同時為企業夥伴創造社會價值。

Save the Children Hong Kong works closely with corporate and foundation partners, turning collective resources into support that helps children thrive and drives progress in education, health and protection. Our partnerships not only improve children’s immediate living and learning environments but also deliver long-term, sustainable impact while championing social responsibility for our corporate partners.

自2009年起，Bvlgari一直與救助兒童會攜手合作，支援全球有需要的兒童。自2024年起，這項合作已成為Bvlgari基金會倡議的一部分，長遠加強品牌對推動社會影響力及教育發展的承諾。

透過全球合作，至今已成功籌募超過1.2億美元的善款，用於支援教育、青年賦權、緊急援助及扶貧等工作，改善遍及全球39個國家及地區中超過240萬名兒童的生活。要為兒童創造有意義且持久的改變，需要遠見與持續不懈的投入。我們衷心感謝每一位持續支持救助兒童會工作的夥伴，讓我們得以拓展這些重要使命。

Since 2009, Bvlgari has partnered with Save the Children to support children in need around the world. Since 2024, this partnership has become part of the initiatives led by Fondazione Bvlgari, further strengthening the Maison’s long-term commitment to social impact and education. Through this global collaboration, more than 120 million dollars have been raised, positively impacting the lives of over 2.4 million children across 39 countries and regions by advancing access to quality education, youth empowerment, emergency response, and poverty alleviation. Creating meaningful and lasting change for children requires long-term vision and continuous commitment. We extend our sincere gratitude to every supporter whose dedication over the years has helped strengthen and expand the impact of this important mission.

FONDAZIONE
BVLGARI



Save the Children in Ethiopia

NOMURA



Save the Children in Thailand

Nomura自2023年起，一直支持我們在泰國的早期教育項目，為當地兒童改善學習資源，並促進當地少數族裔兒童的發展，讓幼兒獲得安全而適切的教育機會。

2025年11月的大埔火災後，Nomura更迅速回應我們的緊急呼籲，組織員工發起籌款活動，為受災兒童及家庭提供即時支援。

我們衷心感謝Nomura致力推動國際幼兒發展，與支援本地兒童的努力。

Since 2023, Nomura has supported Save the Children Hong Kong’s early childhood education work in Thailand, through a multi-year grant, strengthening learning resources and advancing the development of ethnic minority children so that young children can access safe and appropriate education opportunities.

In addition to this long-term support, following the Tai Po fire in November 2025, Nomura responded swiftly to our urgent appeal, mobilising employees to launch a fundraising drive that provided immediate assistance to affected children and families.

We are deeply grateful for Nomura’s long-term partnership in promoting international early childhood development and its support for the local community in Hong Kong.

攜手共創成果 PARTNERING FOR IMPACT



自2023年起，由生物梅里埃公司成立的bioMérieux Endowment Fund for Education (BEF) 與香港救助兒童會攜手合作，在中國內地、香港及菲律賓推動早期兒童發展及預防兒童受暴力傷害，為亞洲兒童營造更安全、關愛的成長環境。

除了捐款支持，BEF亦鼓勵生物梅里埃公司的員工積極參與我們的義工服務，直接支援本地兒童及其家庭。於2025年，義工團隊參與我們「從心所育」計劃舉辦的親子同樂活動，在深水埗一間幼稚園協助設立遊戲攤位、維持活動安全，並向參加者宣揚親子正向溝通。另外，義工亦製作了100個「減壓球」，派發予參與「從心所育」計劃的幼稚園家長，為他們提供情緒支援。

我們衷心感謝BEF一直以來的支持與信任，並期待未來繼續攜手同行，為更多兒童創造健康成長與發展的機會。



Since 2023, the bioMérieux Endowment Fund for Education (BEF), established by bioMérieux, has partnered with Save the Children Hong Kong to strengthen early childhood development and help prevent violence against children across the Chinese Mainland, Hong Kong and the Philippines – supporting safer, more nurturing environments for children in Asia.

Beyond financial support, BEF also encouraged bioMérieux employees to contribute through volunteering that supported children and caregivers in Hong Kong. In 2025, volunteers assisted our Heart-to-Heart Parent-Child Programme Family Fun Carnival at a kindergarten in Sham Shui Po, running game booths, supporting event safety, and promoting positive parent-child communication to participants. The volunteers also produced 100 “Stress Squeezers” for kindergarten parents attending the programme as emotional support.

We are deeply grateful to BEF for its continued support and trust, and we look forward to continuing this journey together to expand opportunities for every child to thrive.



香港上海大酒店有限公司及半島精品店於2025年捐贈物資予香港救助兒童會。中秋節期間，半島精品店向有需要的家庭捐贈月餅，讓他們感受到節日溫暖。大埔火災後，香港上海大酒店有限公司再向我們捐贈200隻「半島熊」毛公仔，送予受影響地區的幼稚園學生，陪伴他們度過艱難時刻，重建受災兒童的安全感。

我們在此致以誠摯謝意，以實際行動為本地及各社區的兒童傳遞關懷，不但為社區帶來即時支援，同時展現對本地兒童與家庭的長期關懷。

In 2025, The Hongkong and Shanghai Hotels, Limited and The Peninsula Boutique donated in-kind items to Save the Children Hong Kong. During the Mid-Autumn Festival, The Peninsula Boutique donated mooncakes to families in need, sharing the warmth of the festive season. Following the Tai Po blaze, The Hongkong and Shanghai Hotels, Limited donated 200 Pen Bears plush toys, which were delivered to kindergarten students in the Tai Po blaze-affected area to accompany them through a difficult time and help rebuild a sense of security.

We extend our heartfelt thanks for their support. Through practical action, it brought care to children in Hong Kong and across local communities, providing immediate assistance while demonstrating long-term commitment to the wellbeing of children and their families.



國泰與香港救助兒童會於2025年展開合作，於國泰品味網店推出善心回饋禮包，讓會員將飛行里數轉化為愛心，所捐的禮包等值用於我們的支援兒童工作及人道救援項目，幫助香港及世界各地有需要兒童，讓他們健康和平安地成長，發揮潛能。我們衷心感謝國泰的慷慨支持與夥伴關係，攜手凝聚社區力量，讓更多兒童受惠。

In 2025, Cathay and Save the Children Hong Kong partnered to launch Charity Packs on the Cathay Shop, encouraging community participation by offering Cathay members a meaningful way to turn their mileage into acts of kindness. The value of donated packs was directed to our initiatives and humanitarian programmes, helping children in vulnerable environments in Hong Kong and around the world grow up healthy and safe, and realise their potential. We extend our sincere thanks to Cathay for its generous support and partnership, which mobilised the community and enabled more children to benefit.

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Wah Fai Lo
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Wai King Chu
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Yun Kai Peter Yu
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Honorary Auditor
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Co-founder and President
Axial Partners Limited

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Former Associate Professor, Faculty of Education
The University of Hong Kong

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Former President, Hong Kong Blind Union
2 低碳創意坊聯合創辦人及行政總裁
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Tuve Hotel

2025慈善晚宴
2025 Gala Dinner

黃慧敏
June Wong (Convenor)

簡俊傑
Paul Kennedy

許予一
Michael Hui

譚樂文
Norman Tam

Kenneth Chow
花旗銀行香港董事總經理
Managing Director
Citibank Hong Kong

¹ 2025年2月26日辭任 Resigned on 26 Feb 2025

我們的財務概況

OUR FINANCE OVERVIEW

全賴眾多捐助者及合作夥伴的慷慨支持，救助兒童會得以維持穩健的財務基礎，給予更多兒童應有的未來。

Thanks to the generous support of our many donors and partners, Save the Children is able to maintain a strong financial foundation, enabling us to give more children the future they deserve.

我們如何籌款 How we raise our funds



救助兒童會一直致力尋求創新的方式，聯繫與我們一樣關心兒童福祉的人士。2025年的經濟環境充滿挑戰，對我們的籌款活動帶來影響；然而，全賴捐助者的支持，香港救助兒童會的營運收入仍達到1.46億元，較2024年的1.3億元增加12%。我們繼續獲得來自多個渠道的資金支持，包括來自個人捐款者的1.174億元捐款、來自企業及基金的1,222萬元捐款、香港特別行政區政府的1,222萬元撥款，以及來自主要活動所籌得的424萬元善款。

Save the Children is constantly striving to find new, innovative ways to connect with those who share our commitment to children. In 2025, faced with a challenging economy, we received total donations of \$146 million thanks to the ongoing support of our individual donors, leading corporates, foundations and the Hong Kong government. This represents an increase of 12% from our 2024 donations of \$130 million. We continue to benefit from diversified sources of funding, which include \$117.4 million from individuals, \$12.2 million from corporations and foundations, \$12.2 million of grants from the HKSAR government and \$4.2 million from our signature events.

我們如何使用資金 How we use our funds



救助兒童會致力確保以最有效的方式運用所籌得的資金，以實現我們的願景——為兒童建立一個能夠享有生存、保護、發展及參與等基本權利的世界。2025年，香港救助兒童會撥出1.454億元作總營運支出，較2024年增加4%。當中的73%，即1.062億元，用於推行惠及香港和全球各地兒童的項目。

救助兒童會竭力協助每個兒童，包括處於邊緣化及貧困環境中的兒童。2025年，香港救助兒童會的項目支出中，21%用於緊急救援工作，25%用於教育，33%用於兒童保護，12%用於健康與營養項目，1%用於監察兒童權利狀況，3%用於助養兒童計劃，以及5%用於應對兒童貧困的相關項目。

Save the Children works to ensure that the funds we raise are used in the most effective way possible in pursuit of our mission of ensuring that every child attains their basic rights to survival, protection, development and participation. In 2025, Save the Children Hong Kong deployed \$145.4 million in total expenditure, an increase of 4% over 2024. We are pleased to report that 73% or \$106.2 million of total expenditure in 2025 was spent to support the implementation of programmes impacting children in Hong Kong and around the world.

Save the Children is dedicated to reaching every last child, including those in the most marginalised and deprived environments. In 2025, 21% of Save the Children Hong Kong expenditure was related to emergency response, 25% to Education, 33% to Child Protection, 12% to Health and Nutrition, 1% to Child Rights Governance, 3% on Child Sponsorship and 5% on Child Poverty.

穩健的財務狀況 Sound financial position



香港救助兒童會在2025年的資產淨值為1,630萬元。這穩健的財務狀況為我們的長遠發展提供有力的支持，使我們能夠應對短期捐款收入的波動，並持續投放資源於兒童，延續救助兒童會百年來的承諾，確保每一位兒童都能夠生存、學習，並受到保護。

Save the Children Hong Kong closed 2025 with \$16.3 million in net assets. This financial strength gives us the ability to accommodate temporary fluctuations in donation income and invest in children over the long term, as Save the Children has for 100 years, so that every last child can survive, learn and be protected.

年度財務狀況報表

STATEMENT OF COMPREHENSIVE INCOME

2025年12月31日為止 Year ended 31 December 2025

收入 INCOME	2025 HK\$	2024 HK\$
一般捐款 General donations	101,640,761	96,439,875
特定捐款 Designated donations	44,357,675	33,513,028
政府薪津資助 Wage subsidy from The Government of HKSAR	35,585	108,385
其他收入 Other income	259,746	300,624
	146,293,767	130,361,912
支出 EXPENDITURE		
籌款開支 Fundraising expenditure	34,796,207	31,296,386
行政開支 Administrative expenses	4,332,637	4,160,933
項目經費 Funding for programmes	106,248,572	104,148,807
	145,377,416	139,606,126
稅前收入 / 虧損 SURPLUS / (DEFICIT) BEFORE TAX	916,351	(9,244,214)
所得稅 Income tax	-	-
本年度 / 盈餘 / (虧損) 及整體收入 / (虧損) SURPLUS / (DEFICIT) FOR THE YEAR AND TOTAL COMPREHENSIVE INCOME FOR THE YEAR	916,351	(9,244,214)

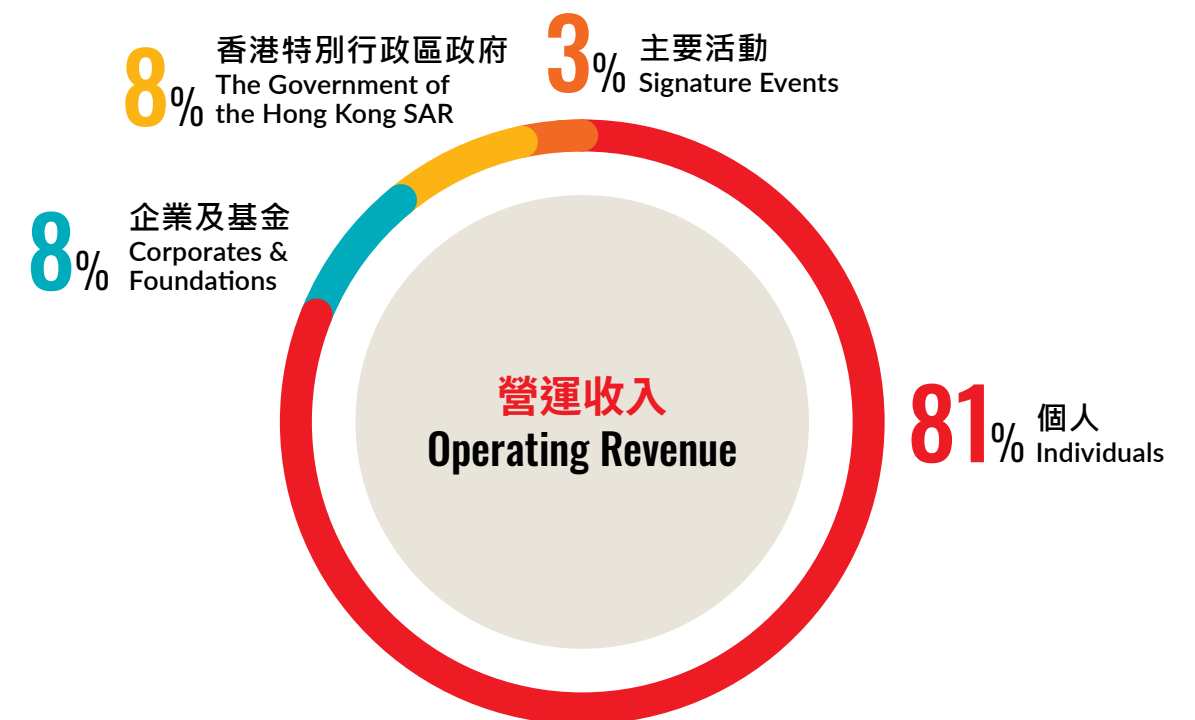
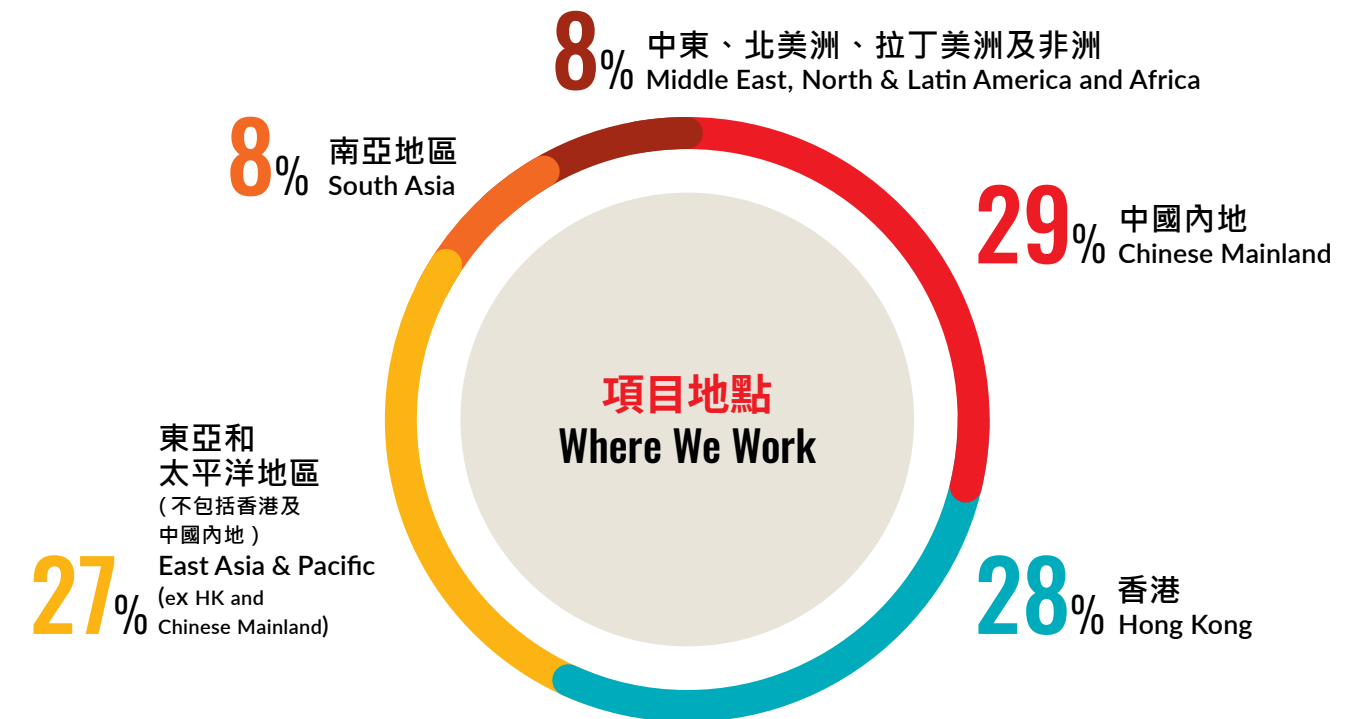
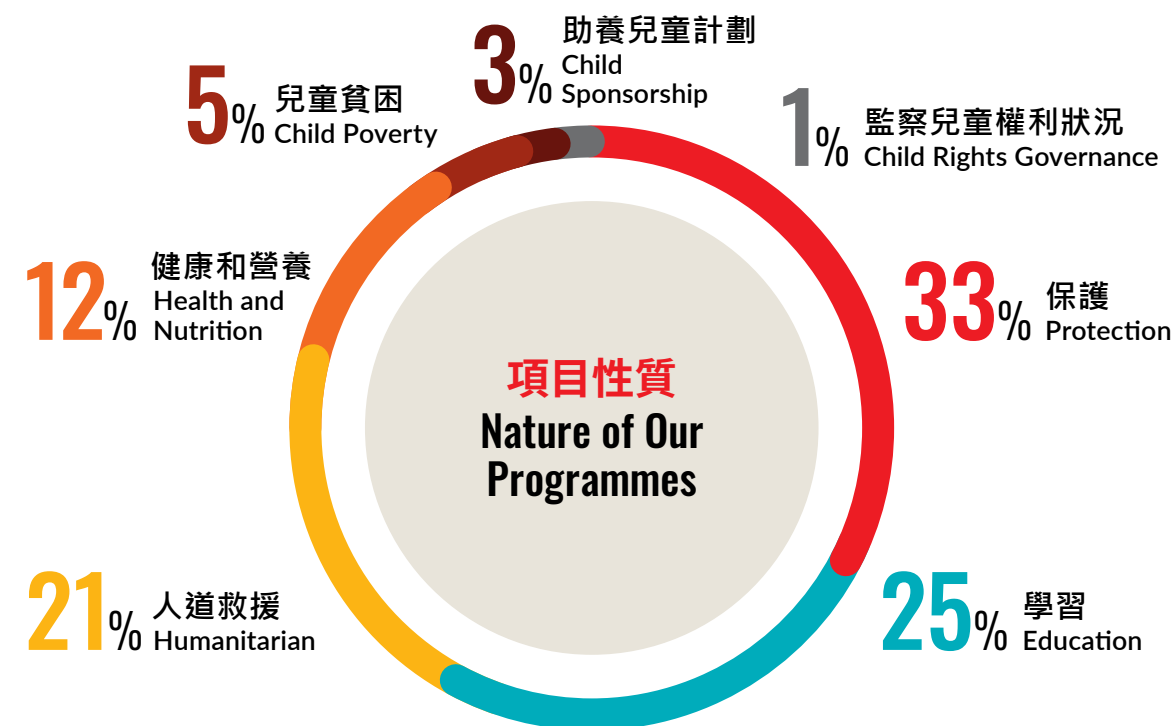
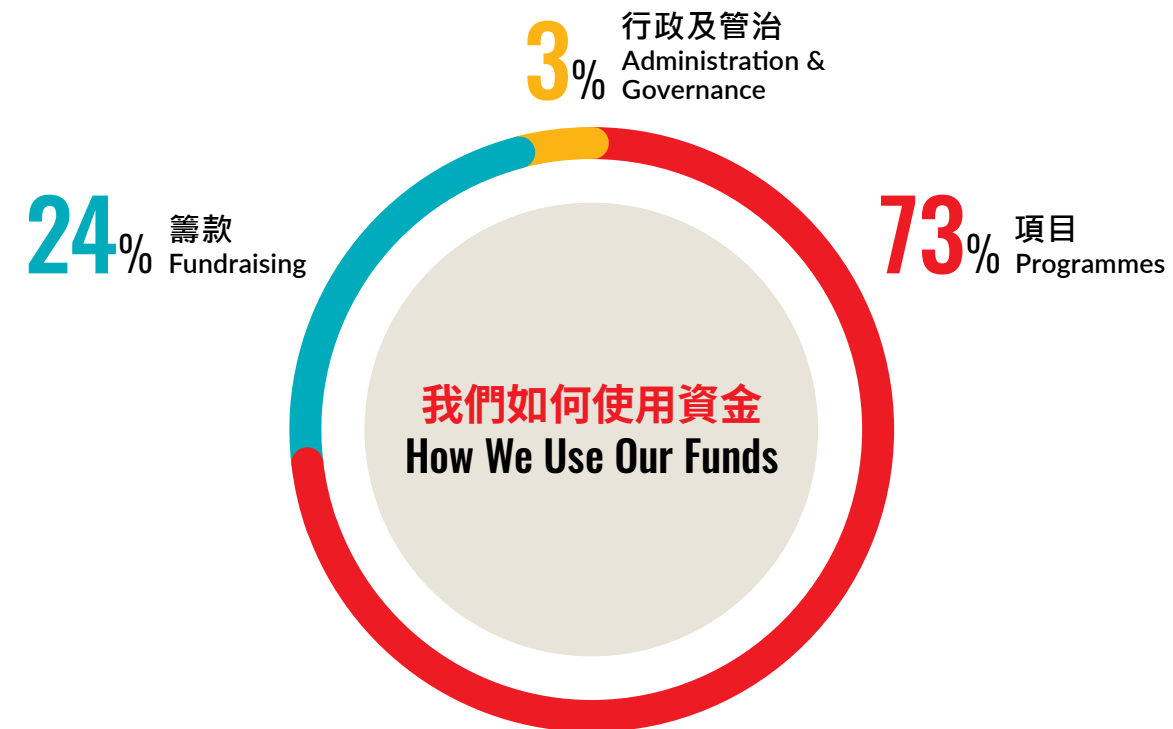
年度財務狀況報表

STATEMENT OF FINANCIAL POSITION

2025年12月31日 31 December 2025

非流動資產 NON-CURRENT ASSETS	31 Dec 2025 HK\$	31 Dec 2024 HK\$
物業、工業及設備 Property, plant and equipment	2,317,534	670,909
使用權資產 Right-of-use assets	8,675,262	1,364,835
無形資產 Intangible assets	296,298	580,641
總非流動資產 Total non-current assets	11,289,094	2,616,385
流動資產 CURRENT ASSETS		
應收賬款 Accounts receivable	2,521,346	2,021,137
其他救助兒童會辦事處應付款項 Due from other Save the Children offices	1,751,459	3,325,347
在銀行或手上現金 Cash and bank balances	22,558,392	15,990,534
總流動資產 Total current assets	26,831,197	21,337,018
流動負債 CURRENT LIABILITIES		
應付賬項 Accounts payable	5,339,678	5,585,476
應付予其他救助兒童會辦事處的款項 Due to other Save the Children offices	2,890,784	10,523
遞延收益 Deferred income	4,240,175	1,510,723
租賃負債 Lease liabilities	1,187,998	1,382,916
總流動負債 Total current liabilities	13,658,635	8,489,638
淨流動資產 NET CURRENT ASSETS	13,172,562	12,847,380
非流動負債 NON-CURRENT LIABILITIES		
租賃負債 Lease liabilities	8,163,592	82,052
淨資產 NET ASSETS	16,298,064	15,381,713
經費 FUNDS		
一般經費 General fund	16,298,064	15,381,713

我們的財務概況 OUR FINANCE OVERVIEW





Save the Children
救助兒童會

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Save the Children Hong Kong



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